INDEX

1.	Analysis of BMI of Females age 30 to 35 years from Maharashtriya Mandal campus Pune City	Dr. Sopan Kangane Kailas Mali
2.	Trends in Fitness and Health Behaviour Among College Studentsk	Mr. Yogesh Bodke Mr. Devdatta Mahatme
3.	Analytical Study of Reasons behind the Participation of Girls in Physical Activities Conducted During Physical Education Class	Mahesh Deshpande Neha Kulkarni
4.	पुणे शहरातील शाळांमध्ये वापरण्यात येणाऱ्या शारीरिक शिक्षणातील मूल्यमापन पद्धतीचा व अडचणीचा विश्लेषणात्म क अभ्यास	योगेश बोडके ओमेय जयंत जोशी
5.	सावित्रीबाई फुले पुणे विद्यापीठातील शारीरिक शिक्षण विषयाच्या सत्र परीक्षांच्या प्रश्नपत्रिकांचा विश्लेषणात्मक अभ्यास	शरद आहेर
6.	Identifying Fitness Parameters Affecting Throwing Performance in Athletics (Track & Field) Athletes from Maharashtra State	Dr. Ujwala Raje Rohit Tambe
7.	Elevating College Life: The Crucial Role of Physical Activity for Students	Dr. Yogesh Bodke Dr. Sachin Kamble
8.	Comparative Study of Physical Activity Level During Physical Education Period of Secondary School Children from Pune City	Mahesh Deshpande Subbulaxmi P. Thevar
9.	Relationship of Personal Stress of Teachers with Physical Activity	Dr. Santosh Pawar
10.	पुणे शहरातील ५वी तील विद्यार्थ्यांचे शरीरमितीय मापन व जागेवरून लांब उडी कौशल्य यांचा सहसंबंधात्मक अभ्यास	योगेश बोडके ज्योती निवृत्ती बधे

Journal of Sports, Health & Physical Education (JOSH-PE)

ISSN: 2583-6307 (Online)

An International online Bi-annual Journal

Vol. III, Issue II July 2023

Editor in Chief:

DR. SOPAN KANGANE

Principal, M.M.'s CACPE, Pune

Executive Editor:

DR. MAHESH DESHPANDE

Research Coordinator, M.M.'s CACPE, Pune

Editorial Board:

DR. BALAJI POTE,

Professor, M.M.'s CACPE, Pune

DR. UJVALA RAJE,

Associate Professor, M.M.'s CACPE, Pune

DR. SHRIKANT MAHADIK,

Assistant Professor, M.M.'s CACPE, Pune

DR. YOGESH BODKE,

Assistant Professor, M.M.'s CACPE, Pune

The editors and editorial board is happy to place before the readers the first issue of first volume of this international e-journal 'Journal of Sports, Health and Physical Education'

The research Contributions by the participants have made the journal enrich with resources. The timely publication of journal was the consistent efforts of our editors, editorial board and the technical staff members. The journal has covered diverse area within its ambit which gives maximum option for the research scholars. We are very much thankful to all the authors and editors for their contribution. We expect from everyone in the field to continued their contribution for this journal.

Disclaimer:

The author of article or paper will be solely responsible for the views, information and the content published in this journal. It is not the responsibility of any editor, member of advisory board, the management, the publisher or the printer. The views and the content does not reflect the official opinion of Editorial board, Advisory committee, the owner, the publisher, or printer. They will not be responsible for any damage or loss to any person for the result of any action taken on the basis of the work. In any condition or due to any reason(s), the Editor, Publisher or the Management will not be responsible if any Educational or Research Institution(s) disagree to accept the research paper published by this Journals.

Research papers and the articles published in this journal are subject to copyright of the publisher. It is strictly prohibited to copy or reproduce any part of the publication without the permission of the publisher.

All the legal disputes related to JOSH-PE Journals are subject to Pune Jurisdiction only.

Cover Page : Dr. Yogesh Bodke

Published by : M.M.'s Chandrashekhar Agashe College of Physical Education,

Pune

Printed by : Poonam Printing Press

427/46, Gultekdi Industrial Estate, Pune 411 037.

Tel.: 24269134

Address for Correspondence: Dr. Mahesh Deshpande (Executive Editor),

M.M.'s Chandrashekhar Agashe College of Physical Education,

Veer Sawarkar Nagar, Gultekadi, Pune 411037

Contact No. : 020-24261872

E-mail : joshpe@agashecollege.org

Website : https://www.agashecollege.org/