



**Maharashtriya Mandal (1924-2024)**

**2024-2025 (Monday to Saturday)**

Sr.	Time	FYBPEd Semester 1 From August 2024		SYBPEd Semester 3 From 1 <sup>st</sup> July 2024	
		Division A Room 4	Division B Room 5	Division A Room 3	Division B Room 6
1	10.00am to 10.45am	P.103: Learning to Teach Physical Education & Sports Prof. Dr. Sharad Aher	P.103: Learning to Teach Physical Education & Sports Dr. Yogesh Bodke	P.302: Biomechanics Dr. Shrikant Mahadik	P. 304: Health Education and Nutrition Prof. Ameet Prabhu
2	10.45am to 11.30am	P.102: Psychology of Learner Prof. Dr. Ujwala Rajee	P.101: Foundations of Physical Education Dr. Shirish More	P. 303: Personality Development and Soft Skills Dr. Shraddha Naik	P.302: Biomechanics Dr. Mahesh Deshpande
	11.30am to 11.45am	B R E A K			
3	11.45am to 12.30pm	P.101: Foundations of Physical Education Dr. Kumar Upadhyay	P.102: Psychology of Learner Prof. Dr. Ameet Prabhu	P. 304: Health Education and Nutrition Prof. Balaji Pote	P. 301: Evaluation in Physical Education and Sports Prof. Sharad Aher
4	12.30pm to 1.15pm	P 104: Methodology of Teaching Optional Subjects & P 105: Teaching Skill Development Programme <u>Marathi</u> - Prof. Balaji Pote (Room 3) <u>Hindi</u> - Dr. Shirish More (Room 6) <u>English</u> - Prof. Ameet Prabhu (Comp Lab), <u>Geography</u> - Dr. Kumar Upadhyay (Room 1) <u>History</u> - Dr. Sopan Kangane (Main Hall) <u>Maths</u> - Dr. Shrikant Mahadik (Room 4) <u>Science</u> - Dr. Mahesh Deshpande (Room 5)		P. 301: Evaluation in Physical Education and Sports Dr. Yogesh Bodke	P. 303: Personality Development and Soft Skills Dr. Shraddha Naik
5	2.00pm to 4.00pm	TBT / STRIVE / Holistic Development Program / Add on Courses/ Self-Study Courses / Open Courses / Guidance & Counseling			
<b>Lectures: Prof. BSP 3 &amp; 4, Prof. SSA 1 &amp; 3, Dr. SAN 2 &amp; 4, Dr. SSM 1&amp; 4, Dr. MND 2 &amp; 4, Dr. YHB 1 &amp; 4, Prof. ADP 1, 3 &amp; 4, Dr. SVM 2 &amp; 4, Dr. K KU 3 &amp; 4</b>					

**\*Important: University Semester End Examination November/December 2024**

Dr. Sopan Kangane  
(Principal)

Dr. Sharad Aher  
(Coordinator-IQAC)

Date: 21<sup>st</sup> June 2024



**Maharashtriya Mandal (1924-2024)**

2024-2025 (Monday to Saturday)					
Sr.	Time	FYBPEd Semester 2 From January 2025		SYBPEd Semester 4 From December 2024	
		Division A Room 4	Division B Room 5	Division A Room 3	Division B Room 6
1	10.00am to 10.45am	P204: Fitness and Wellness Dr. Sopan Kangane	P201: Anatomy & Physiology Dr. Yogesh Bodke	P402: Athletic Care & Rehabilitation Dr. Shrikant Mahadik	P402: Athletic Care & Rehabilitation Prof. Ameet Prabhu
2	10.45am to 11.30am	P201: Anatomy & Physiology Dr. Mahesh Deshpande	P204: Fitness and Wellness Prof. Ujwala Raje	P403: Theory of Sports and Games Dr. Shirish More	P403: Theory of Sports and Games Dr. Shraddha Naik
	11.30am to 11.45am	<b>B R E A K</b>			
3	11.45am to 12.30pm	P202: Management of Physical Education & Sports Prof. Balaji Pote	P202: Management of Physical Education & Sports Dr. Shirish More	P401: Research and Statistics Dr. Yogesh Bodke	P401: Research and Statistics Dr. Mahesh Deshpande
4	12.30pm to 1.15pm	P203: Profession of Physical Education Prof. Sharad Aher	P203: Profession of Physical Education Dr. Shraddha Naik	P404: Yoga Education Prof. Ujwala Raje P404: Fitness and Conditioning Dr. Kumar Upadhyay	
5	2.00pm to 4.00pm	TBT / STRIVE / Holistic Development Program / Add on Courses/ Self-Study Courses / Open Courses / Guidance & Counseling			
<b>Lectures: Prof. ULR 2 &amp; 4, Dr. SAN 4 &amp; 2, Dr. MND 2 &amp; 3, Dr. YHB 1 &amp; 3, Dr. SVM 3 &amp; 2</b>					

\*Important: University Semester End Examination April/May 2025

Dr. Sopan Kangane  
(Principal)

Dr. Sharad Aher  
(Coordinator-IQAC)

Date: 21<sup>st</sup> June 2024



**Maharashtriya Mandal (1924-2024)**

**First Year B. P. Ed 2024-2025**

**Course 206 Proficiency in Physical Education and Sports Activities**

**Session 1 (August – Oct 2024)**

**Monday to Saturday 7.00am to 9.00am**

Group	Round 1	Round 2
1	Lezium	Minor Game & Lead up activity
2	TPEP	Competencies
3	Minor Game & Lead up activity	Lezium
4	Competencies	TPEP
<b>Exam Date</b>		

Events	Faculty	Warm Up 7.10-7.30am	Signature
Lezium	Prof. BSP	Monday	
Minor Game & Lead up activity	Prof. ULR	Tuesday	
TPEP	Dr. SAN	Wednesday	
Competencies	Dr. YHB	Thursday	

\* **Note:** Available Days for Teaching 14

**Dr. Sopan Kangane**  
(Principal)

**Dr. Shrikant Mahadik**  
(In charge)

**Date:**



**Maharashtriya Mandal (1924-2024)**

**First Year B. P. Ed 2024-2025**

**Course 206 Proficiency in Physical Education and Sports Activities**

Session 2 ()

**Monday to Saturday 7.00am to 9.00am**

Group	Round 1	Round 2	Round 3
1	Drill March and Flag code	Hockey	Volleyball
2	Basketball	Fitness	Kho-Kho
3	Hockey	Volleyball	Drill March and Flag code
4	Fitness	Kho-Kho	Basketball
5	Volleyball	Drill March and Flag code	Hockey
6	Kho-Kho	Basketball	Fitness
<b>Exam Date</b>			

Events	Faculty	Warm Up 7.10- 7.30am	Signature
Fitness: Exercise & Personal Physical Fitness	Prof. SSA	Monday	
Drill March and Flag code	Prof. ULR	Tuesday	
Hockey	Dr. SSM	Wednesday	
Basketball	Prof. ADP	Thursday	
Volleyball	Dr. YHB	Friday	
Kho-Kho	Dr. SVM	Saturday	

\* Note: Available Days for Teaching 13

**Dr. Sopan Kangane**  
(Principal)

**Dr. Shrikant Mahadik**  
(In charge)

**Date:**



**Maharashtriya Mandal (1924-2024)**

**First Year B. P. Ed 2024-2025**

**Course 206 Proficiency in Physical Education and Sports Activities**  
Session 3 ()

**Monday to Saturday 7.00am to 9.00am**

Group	Round 1	Round 2
1	Kabaddi	Javelin
2	Handball	Run & Relay
3	Javelin	Kabaddi
4	Run & Relay	Handball
<b>Exam Date</b>		

Events	Faculty	Warm Up 7.10-7.30am	Signature
Javelin	Prof. BSP	Monday	
Kabaddi	Dr. SAN	Tuesday	
Run & Relay	Dr. MND	Wednesday	
Handball	Dr. YHB	Thursday	

**\* Note: Available Days for Teaching 13**

**Dr. Sopan Kangane**  
(Principal)

**Dr. Shrikant Mahadik**  
(In charge)

**Date:**



**Maharashtriya Mandal (1924-2024)**

Second Year B. P. Ed 2024-2025

**Course 406 Proficiency in Physical Education and Sports Activities**

Session 1 (1 July to 19 September 2024 )

**Monday to Saturday 7.00am to 9.00am**

Group	Round 1 1 July to 22 July 2024	Round 2 26 July to 22 August 2024	Round 3 23 August to 19 September 2024
1	Mass Demonstrative activity Aerobics & Equipment Drills	Shot Put & Discus Throw	Football
2	TT	Measurement and Evaluation	Floor Gymnastics
3	Football	Mass Demonstrative activity Aerobics & Equipment Drills	Shot Put & Discus Throw
4	Floor Gymnastics	TT	Measurement and Evaluation
5	Shot Put & Discus Throw	Football	Mass Demonstrative activity Aerobics & Equipment Drills
6	Measurement and Evaluation	Floor Gymnastics	TT
<b>Exam Date</b>	<b>Monday, 22 July 2024</b>	<b>Thursday, 22 August 2024</b>	<b>Thursday, 19 September 2024</b>

Events	Faculty	Warm Up 7.10-7.30am	Signature
Mass Demonstrative activity Aerobics & Equipment Drills	Dr. SAN	<b>Monday</b>	
Football	Dr. SSM	<b>Tuesday</b>	
Floor Gymnastics	Dr. MND	<b>Wednesday</b>	
Shot Put & Discus Throw	Prof. ADP	Thursday	
Measurement and Evaluation	Dr. YHB	Friday	
TT	Dr. SVM	Saturday	

\* **Note:** Available Days for Teaching 12

**Dr. Sopan Kangane**  
(Principal)

**Dr. Shrikant Mahadik**  
(In charge)

**Date: 9<sup>th</sup> May 2024**



**Maharashtriya Mandal (1924-2024)**

Second Year B. P. Ed 2024-2025  
**Course 406 Proficiency in Physical Education and Sports Activities**  
Session 2 ( 23 September to 25 October 2024 )  
**Monday to Saturday 7.00am to 9.00am**

Group	Round 1 23 September to 9 October 2024	Round 2 10-25 October 2024
1	High Jump	Javelin Throw
2	Long Jump and <b>Triple Jump</b>	Wrestling
3	Yoga	High Jump
4	Wrestling	Long Jump and <b>Triple Jump</b>
<b>Exam Date</b>	<b>Wednesday, 9 October 2024</b>	<b>Friday, 25 October 2024</b>

Events	Faculty	Warm Up 7.10-7.30am	Signature
High Jump	Prof. BSP	Monday & Thursday	
Yoga	Prof. ULR	Tuesday & Friday	
Long Jump and <b>Triple Jump</b> <b>(Introduction only)</b>	Prof. SSA	Wednesday & Saturday	
Wrestling	Mr. Rajendra Kadam (Alumni)		

\* **Note:** Available Days for Teaching **12**

**Dr. Sopan Kangane**  
(Principal)

**Dr. Shrikant Mahadik**  
(In charge)

Date: 21/06/2024