

**2011-  
2012**

M.M's Chandrashekhar  
Agashe College of  
Physical Education, Pune

IQAC

**Maharashtirya Mamdal's**

**Chandrashekhar Agashe College of Physical  
Education**

**Gultekdi, Pune**

**ANNUAL QUALITY ASSURANCE REPORT (AQAR)- 2011-2012**

**[ANNUAL QUALITY ASSURANCE REPORT  
(AQAR)]**

AQAR 2011-2012 prepared by IQAC – CACPE Pune

**M.M's Chandrashekhar Agashe College of Physical Education Pune**

**The Annual Quality Assurance Report (AQAR)- 2011-2012**

**Part – A**

**AQAR for the academic year – (July 2011 to June 2012)**

**I. Details of the Institution**

**1.1 Name of the Institution**

<b>Maharashtriya Mandal's Chandrashekhar Agashe College of Physical Education</b>
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**1.2 Address**

Address Line 1:	<b>Gultekdi</b>
Address Line 2:	<b>Mukundnagar</b>
City/town:	<b>Pune</b>
State:	<b>Maharashtra</b>
Pin code:	<b>411037</b>
Institution email address:	<a href="mailto:principalnimkar@gmail.com"><u>principalnimkar@gmail.com</u></a>
Contact no.s:	<b>+912024261872, +912024263012</b>
Name of the Head of the institution:	<b>Dr Nayana D Nimkar</b>
Tel. No with STD code:	<b>+912024261872, +912025659182</b>
Mobile No:	<b>+919822065499</b>
Name of the IQAC co-ordinator:	<b>Dr Shraddha A Naik</b>
Mobile No:	<b>+919850880126</b>
Email address:	<a href="mailto:naik.shraddha@gmail.com"><u>naik.shraddha@gmail.com</u></a>
IQAC email address:	<a href="mailto:naik.shraddha@gmail.com"><u>naik.shraddha@gmail.com</u></a>
<b>1.3 NAAC Track ID:</b>	<b>---</b>

**1.4 NAAC Executive Committee No. & Date:**

<b>EC/51/RAR/42 dated 31-12-2009</b>
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*(For Example EC/32/A&A/143 dated 3-5-2004. This EC no. is available in the right corner- bottom of your institution's Accreditation Certificate)*

**1.5 Website address:**

<b>www.agashecollege.org</b>
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**Web-link of the AQAR:**

<http://agashecollege.org/wp-content/uploads/2017/02/AQAR-2011-2012CACPE-PUNE.pdf>

**1.6 Accreditation Details**

Sl. No.	Cycle	Grade	CGPA	Year of Accreditation	Validity Period
1	1 <sup>st</sup> Cycle	B <sup>++</sup>	82	2003	2008
2	2 <sup>nd</sup> Cycle	B	2.85	2009	2014

**1.7 Date of Establishment of IQAC:**

<b>JULY 2004</b>
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**1.8 Details of the previous year's AQAR submitted to NAAC after the latest Assessment and Accreditation by NAAC ((for example AQAR 2010-11 submitted to NAAC on 12-10-2011)**

<b>i. AQAR submission 2011-2012</b>	<b>February 2017</b>
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**1.9 Institutional Status**

<b>University</b>			
<b>State</b> ✓	Central NA	Deemed NA	Private NA
<b>Affiliated college</b>	<b>Yes</b> ✓		No NA
<b>Constituent college</b>	Yes- NA		No- NA
<b>Autonomous college of UGC</b>	Yes- NA		<b>No</b> ✓
<b>Regulatory Agency approved institution</b>	<b>Yes</b> ✓		No- NA
<b>Type of Institution</b>	<b>Co-education</b> ✓	Men- NA	Women- NA
	<b>Urban</b> ✓	Rural- NA	Tribal- NA
<b>Financial Status</b>	Grant-in-aid ✓	UGC 2(f) ✓	UGC 12B ✓
	Grant-in-aid + Self Financing ✓	Totally Self-financing NA	

**1.10 Type of Faculty/Programme**

Arts- NA	Science- NA	Commerce- NA
Law- NA	<b>PEI (Phy Edu)</b> ✓	TEI (Edu)- NA
Engineering- Na	Health Science- NA	Management- NA

<b>1.11 Name of the Affiliating University (for the Colleges)-</b>	<b>University of Pune</b>
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### 1.12 Special status conferred by Central/ State Government—

UGC/CSIR/DST/DBT/ICMR etc	NA	Autonomy by State/Central Govt. / University-	NA
University with Potential for Excellence	NA	UGC-CPE	NA
DST Star Scheme	NA	UGC-CE	NA
UGC-Special Assistance Programme	NA	DST-FIST	NA
UGC- Innovative PG programmes	NA	UGC-COP	NA
Any other			

### **2. IQAC Composition and Activities**

2.1 No. of Teachers-	<b>5</b>
2.2 No. of Administrative/Technical staff-	<b>1</b>
2.3 No. of students-	<b>1</b>
2.4 No. of Management representatives-	<b>1</b>
2.5 No. of Alumni-	<b>1</b>
2. 6 No. of any other stakeholder and community representatives-	<b>Nil</b>
2.7 No. of Employers/ Industrialists- nil	<b>Nil</b>
2.8 No. of other External Experts- nil	<b>Nil</b>
2.9 Total No. of members-	<b>9</b>

2.10 No. Of IQAC meetings held-		2	
2.11 No. Of meetings with various stakeholders			
Faculty- 15	Non-teaching	Staff	Students
Alumni	Others	Student council- 1	IQAC- 2

2.12 Has IQAC received any funding from UGC during the year?	<b>No</b>
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If yes, mention the amount

### **2.13 Seminars and Conferences (only quality related)**

(i) No. of Seminars/Conferences/ Workshops/Symposia organized by the IQAC		<b>NIL</b>	
International	National- NA	State- NA	Institution- NA
(ii) Themes	NA		

### **2.14 Significant Activities and contributions made by IQAC**

<ul style="list-style-type: none"> <li>Innovations in teaching &amp; learning</li> </ul>
<ul style="list-style-type: none"> <li>Inclusion of parents &amp; other stakeholders in college activities</li> </ul>
<ul style="list-style-type: none"> <li>Social initiative for Adivasi students, auto rickshaw drivers</li> </ul>

### 2.15 Plan of Action by IQAC/Outcome

The plan of action chalked out by the IQAC in the beginning of the year towards quality enhancement and the outcome achieved by the end of the year \*

Plan of Action	Achievements
1. Innovations in teaching & learning	<p>1. Use of student centric teaching styles were used by faculty and led to achieving the expected learning outcome. Methods such as learning through web-based resources, providing presentations and study material before teaching was used.</p> <p>2. Master's degree lesson plan format was revamped and made computerised. Students and teachers were oriented about the new lesson plan format and content area. This led to students using ICT for designing lesson plans, finding and selecting relevant information from web-resources.</p> <p>3. Each master student's lesson were video recorded and they were used to discuss the improvements and reflection by the students.</p>
2. Inclusion of parents & other stakeholders in college activities	<p>1. Parents were invited for the human performance laboratory exhibition set up by master's degree students. Parents were measured for various health &amp; fitness parameters by the students and were advised about health &amp; fitness.</p> <p>2. Parent meeting was conducted and they were appraised about the new and improved syllabus and also about measurement and evaluation methods.</p> <p>3. A walking competition was organized for the regular exercise goers from outside who come to the college ground every day. This competition was mainly for the age groups 40 to 50 years, 50 above to 60 years and 60 plus. The walking competition had great response and was very successful. The winners were given prizes of Rs. 1500/- and Rs.1000/-.</p>

3. Social initiatives	<p>1. Linkage was established with Adivasi Kalyan Ashram and our students and staff conducted various activities for the Adivasi students.</p> <p>Our students volunteered in competition organization for the national adivasi sports meet.</p> <p>The Adivasi students were assessed for their fitness and health parameters. They were advised and counselled on health and fitness issues.</p> <p>2. Active participation in the Global Drug addiction-awareness program organized by Pune Police and Mukhtangan Mitra, Pune</p> <p>3. National sports day was celebrated through a rally on the 29<sup>th</sup> July Dhyanchand day to spread awareness about health and exercise.</p>
4. Workshop & lecture series	<p>1. Lectures were organized by experts from outside on various subjects like flag code, Roles &amp; responsibilities of Director of Phy Edu and Sports, Govt Grants &amp; schemes. All the students and staff was benefited from these lectures.</p>

*\* Attach the Academic Calendar of the year as Annexure.*

<b>2.15 Whether the AQAR was placed in statutory body</b>	Yes ✓	No
Management ✓	Syndicate	Any other body Staff ✓

Provide the details of the action taken

-----End of Part A-----



## Part B

## Criterion – I

### **1. Curricular Aspects**

#### 1.1 Details about Academic Programmes

Level of the Programme	Number of existing Programmes	Number of programmes added during the year	Number of self-financing programmes	Number of value added / Career Oriented programmes
PhD	<b>1</b>			
PG	<b>2</b>		<b>2</b>	
UG	<b>1</b>			
PG Diploma	-----			
Advanced Diploma	-----			
Diploma	-----			
Certificate	<b>2</b>		<b>2</b>	<b>2</b>
Others	<b>1</b>			
<b>Total</b>				

  

Interdisciplinary				
Innovative				

#### 1.2 (i) Flexibility of the Curriculum: CBCS/Core/Elective option / Open options

##### ➤ Flexibility in UG course

##### • Flexibility in Theory: 1 year Course (2 semester)

The total number of theory subjects is **10**.

During the first semester the students have choice of selecting one subject as an optional teaching method. Student can opt for any one of the methodologies from Marathi, English, Hindi, Science, Maths, History, Geography, ICT

##### • Flexibility in Practical:

The students have choice of **8 Major Sports** among **18 sports**.

- **Teaching Practice:**

Practice teaching is a mandatory aspect in teacher education curriculum. Students have to conduct micro and bridge lessons, for effective initial experience, it is allowed that students plan lessons on the content units of their own choice. This leads to efficacy and initial skill development is accelerated. The students have to choose units from academic subject and also physical education.

- **Flexibility in Postgraduate Course**

- **Flexibility in Theory:**

The total number of courses/ subjects is **16**. During the Third semester the students have choice of one subject among three courses (Philosophical & sociological bases of PE, Pedagogy of physical education). During the 4<sup>th</sup> Semester the students have two choices out of five courses (Health Education, Adapted Physical Education, Exercise Prescription & Fitness Management Foundation of Yoga & Yogic Science, Open Course)

- **Flexibility in Practical:**

In practical, the syllabus provides a wide choice among the areas of sports specialization. Students have to choose any one sport of their choice from among 18 options given.

- **Flexibility in Postgraduate (M. Phil) Course**

The students have choice of three theory courses from among total of 6 courses. These courses are based on research problem selected by the student.

- **Flexibility in Ph. D (Physical Education) syllabus 2010 pattern**

Optional Course based on research topic

Research method course designed based on methodology opted by the scholar

Emphasis on high quality research output

Optional courses provide choice of activity

**(ii) Pattern of programmes:**

<b>Pattern</b>	<b>Number of programmes</b>
Semester	3
Trimester	NA
Annual	NA

**1.3 Feedback from stakeholders\* -**

Students	<b>Yes</b>
On all aspects	<b>Teaching</b>
Mode of feedback	<b>Manual- YES</b>

*\*Please provide an analysis of the feedback in the Annexure*

**1.4 Whether there is any revision/update of regulation or syllabi, if yes, mention their salient aspects.**

**YES**, syllabus revision of both UG & PG course has taken place in the previous academic year. Some of the faculty members have been a part of the syllabus revision committee & Board of studies of the university. The staff also discusses & gives suggestions regarding syllabus adequacy and revision if needed from time to time, which is forwarded to the BOS at the university.

Following are some of the important features and changes in the curricula.

**Salient features of B. Ed (Physical Education) syllabus 2010 pattern**

- B. Ed (Physical Education) program tenure- 1 years
- Intensive practical , theory element & Practice teaching
- Evaluation techniques- variety of authentic and traditional techniques of assessments
- Practice teaching- Each semester provides for special experience in terms of teaching. Initial semesters focus on micro-teaching program for development of basic teaching skills in STs. Second semester onwards, the STs get initial experience of teaching at school through the practice teaching in real life teaching. Intensive practice teaching of both methods opted takes place.

- Practice teaching gives STs opportunities to teach at various types of school, levels of education, different settings, and diverse student population
- STs will get rich experience in teaching as they have to conduct more than the recommended number of lessons.
- Practical courses- Introduction of around 24 activities.
- Flexibility in choice of method of instructions
- Extensive practical experience of Technological based Teaching
- Visits, trips and Camp
- Marks allotted for attendance

### **Salient features of M. Ed (Physical Education) syllabus 2010 pattern**

- The M.Ed (Phy Edu) program consists of four semesters spread over two academic years
- The program will be divided in 4 semesters consisting of 400 marks each.
- Intensive practical & theory element
- Flexibility in terms of course selection, sports specialization, method of instruction
- Internal evaluation will follow **Continuous Comprehensive Evaluation** procedures. Internal evaluation should be done of each course or minimum two per course as decided by the teacher concerned.
- For the internal assessment different tools is used i.e oral examinations, written tests, mid-term test, journal/lecture/library notes, seminar presentations, poster presentations, quizzes, assignments, extension work, core practical, group practical etc.
- In the Practice part first two semesters given more importance to **fitness and conditioning** where all the training methods and trends were introduced. And the 3<sup>rd</sup> & 4<sup>th</sup> semesters more focus on all about one **special game**
- In the first two semesters STs also given experience of **Test & measurement practical**. Purpose of this course is to be able to understand the conduct of various measurement techniques, To assess an individual, athlete, special person etc using appropriate tests & To develop ability to measure accurately.
- **Practice teaching** gives STs opportunities to teach at various **levels** of Students, different **settings**, and diverse student **population**

- Along with the regular and essential theory courses, the syllabus has some special courses such as Pedagogy of Physical Education, Adapted Physical Education.
- Adventure sports theory course is conducted in open course.

**Salient features of Ph. D (Physical Education) syllabus 2010 pattern**

- Optional Course based on research topic
- Research method course designed based on methodology opted by the school
- Encouragement to research publication
- Optional courses provide choice of activity

1.5 Any new Department/Centre introduced during the year. If yes, give details. **NA**

## Criterion – II

### **2. Teaching, Learning and Evaluation**

#### **2.1 Total No. of permanent faculty**

Total	Asst. Professors	Associate Professors	Professors	Others
<b>16</b>	<b>12</b>	<b>3</b>	<b>NA</b>	<b>1 Prin.</b>

#### **2.2 No. of permanent faculty with Ph.D. – 11**

#### **2.3 No. of Faculty Positions Recruited (R) and Vacant (V) during the year**

Asst. Professors		Associate Professors		Professors		Others		Total	
R	V	R	V	R	V	R	V	R	V
<b>12</b>	<b>0</b>	<b>3</b>	<b>0</b>	<b>NA</b>	<b>NA</b>	<b>1 Prin</b>	<b>1 Lib</b>	<b>16</b>	<b>0</b>

#### **2.4 No. of Guest faculty:**

Visiting faculty : **9**

Temporary faculty : **8**

#### **2.5 Faculty participation in conferences and symposia:**

No. of Faculty	International level	National level	State level
Attended Seminars/ Workshops	<b>2</b>	<b>8</b>	<b>3</b>
Presented papers	<b>2</b>	<b>10</b>	<b>3</b>
Resource Persons	<b>1</b>	<b>7</b>	<b>8</b>

## **2.6 Innovative processes adopted by the institution in Teaching and Learning:**

- Use of student centric teaching styles were used by faculty and led to achieving the expected learning outcome. Methods such as learning through web-based resources, providing presentations and study material before teaching was used.
- Master's degree lesson plan format was revamped and made computerised. Students and teachers were oriented about the new lesson plan format and content area. This led to students using ICT for designing lesson plans, finding and selecting relevant information from web-resources.
- Each master student's lesson were video recorded and they were used to discuss the improvements and reflection by the students.
- The unit plans of the subjects taught were submitted by all the faculty members. The plans included content sequencing & scope, resources required, and innovative teaching method if any.
- Similar planning was done for the practical teaching of sports & games.
- Special expert lecture series- The college had organized a special lecture series in which lectures from eminent faculty were organized.
  1. Prof. B S Godbole- Lectures on flag code & field markings
  2. Dr. V R Shirgurkar- Lecture on Goal setting
  3. Dr Janak Tekale- Lecture on Govt Grants & Schemes
  4. Mr. Mohan Amrule- Lecture on Roles & responsibilities of Physical Director

## **2.7 Total No. of actual teaching days during this academic year - 183**

## **2.8 Examination/ Evaluation Reforms initiated by the Institution**

(for example: Open Book Examination, Bar Coding, Double Valuation, Photocopy, Online Multiple Choice Questions)

- Double valuation- The practical evaluation is done by two examiners. Each student is assessed by two examiners based on certain criteria and measures. Individual teaching faculty decides the evaluation pattern after discussing with the head and co-examiner.
- Photocopy- College provides photocopy of the answer-sheets of the semester end examination so as to assist student in deciding revaluation procedure.



**2.9 No. of faculty members involved in curriculum restructuring/revision/syllabus development as**

Member of Board of studies	<b>4</b>
Faculty	<b>1</b>
Curriculum development workshop	<b>13</b>

**2.10 Average percentage of attendance of students – 86%**

**2.11 Course/Programme wise distribution of pass percentage:**

Title of the Programme	Total no. of students appeared	Division				
		Distinction %	I %	II %	III %	Total Pass %
<b>B. Ed. (PE)</b>	119 (118)	21.00	41.17	17.64	19.32	99.15
<b>M. Ed. (PE)</b>	42 (39)	16.66	38.09	28.57	9.52	92.82
<b>M. Phil.</b>	4	1- O Grade 3- A Grade	NA			
<b>Ph.D.</b>	3	NIL				

**2.12 How does IQAC Contribute/Monitor/Evaluate the Teaching & Learning processes:**

- All the faculty members plan their teaching of both theory & practical aspect. It is presented in the staff and implemented. Suggestions are given by teachers who teach similar subjects. It is also
- The Principal gives surprise visits to the classes and observes & provides feedback. The principal also discusses with students randomly about teaching & classes taking place
- At the end of the academic year, teacher evaluation by students is done. It is based on the same criteria as provided by NAAC.
- The students are taught about how to write research articles and presentations. Students are encouraged to prepare research papers and present them in conferences and seminars.

### 2.13 Initiatives undertaken towards faculty development

<i>Faculty / Staff Development Programmes</i>	<i>Number of faculty benefitted</i>
Refresher courses	<b>2</b>
UGC – Faculty Improvement Programme	NIL
HRD programmes	NIL
Orientation programmes	<b>1</b>
Faculty exchange programme	NIL
Staff training conducted by the university	NIL
Staff training conducted by other institutions	NIL
Summer / Winter schools, Workshops, etc.	
Others (lecture series)	

### 2.14 Details of Administrative and Technical staff

Category	Number of Permanent Employees	Number of Vacant Positions	Number of permanent positions filled during the Year	Number of positions filled temporarily	Unaided employees
Administrative Staff	<b>9</b>	1	NIL	NIL	<b>2</b>
Technical Staff	NA	NA	NA	NA	

## Criterion – III

### **3. Research, Consultancy and Extension**

#### **3.1 Initiatives of the IQAC in Sensitizing/Promoting Research Climate in the institution**

- Compulsory research project at master's program- to develop understanding, congenial attitude and aptitude to complete research projects & programs.
- Workshops on research methods and dissertation writing for students
- Research based social initiatives taken with the help of students & faculty
- Promoting research paper presentation by students & staff in scientific congress, conferences, and seminars
- Participation in paper presentation competitions
- Active participation in the form of keynote addresses, experts, session chairing, paper presentations in seminars, conferences etc
- Promotion of research- the faculty & students are constantly encouraged to do high quality research by different strategies
- Help in statistical analysis and interpretation- students & members are provided with the help of statistical analysis part

#### **3.2 Details regarding major projects -NA**

	Completed	Ongoing	Sanctioned	Submitted
Number		0	0	
Outlay in Rs. Lakhs				

#### **3.3 Details regarding minor projects**

	Completed	Ongoing	Sanctioned	Submitted
Number		3	6	
Outlay in Rs. Lakhs		4.25 lakhs	6.95 lakhs	

#### **3.4 Details on research publications**

	International	National	Others
Peer Review Journals		6	
Non-Peer Review Journals		1	
e-Journals			
Conference proceedings		7	

**3.5 Details on Impact factor of publications: NA**

Range

Average

h-index

Nos. in SCOPUS

**3.6 Research funds sanctioned and received from various funding agencies, industry and other organisations**

Nature of the Project	Duration Year	Name of the funding Agency	Total grant sanctioned	Received
Major projects				
Minor Projects	2011-12	UGC	6,95,000/-	5,22,500/-
Interdisciplinary Projects				
Industry sponsored				
Projects sponsored by the University/ College				
Students research projects (other than compulsory by the University)				
Any other(Specify)				
Total			6,95,000/-	

**3.7 No. of books published**

i) With ISBN No- Nil	Chapters in Edited books- 5
ii) Without ISBN No.- Nil	

**3.8 No. of University Departments receiving funds from – NA**

UGC-SAP	CAS	DST-FIST
DPE	DBT	Scheme/funds

**3.9 For colleges NA**

Autonomy- NA	CPE- NA	DBT Star Scheme- NA
INSPIRE- NA	CE	Any other- NA

### 3.10 Revenue generated through consultancy

- Consultancy to various individuals, institutes is provided quite regularly and informally by the college members. Formal consultancy initiatives will be taken up so as to generate revenue for the institution.
- The experts from college faculty are keen on starting a consultancy for statistical analysis for research data and provide expertise & guidance in the area of data analysis and thesis writing. The faculty had submitted a proposal regarding the same and will start with the official consultancy services after the scheme is approved by the management.
- Earlier, the college has provided consultancy to private companies, schools and individuals regarding developing new programs, assessments, establishing business enterprises.

### 3.11 No. of conferences organized by the Institution      **NIL**

Level	International	National	State	University	College
Number	Nil	Nil	Nil	Nil	Nil
Sponsoring agencies	NA	NA	NA	NA	NA

### 3.12 No. of faculty served as experts, chairpersons or resource persons - 8

#### 3.13 No. of collaborations- NA

International- NA

National- NA

Any other

#### 3.14 No. of linkages created during this year

- The college has established linkage with the Adivasi Kalyan Ashram. The college faculty & students have contributed to organize a national level sports competition for adivasi students from across the nation.
- The college has established linkages with renowned institutions like Army Sports Institute, ASPT, Sports academy Balewadi. The college members organize visits to these renowned institutes and thereby both the parties benefit in terms of idea exchange & sharing expertise & resources.

- Linkages are created for sharing of knowledge and ideas from time to time. Various institutions approach the college in this regards and programs are arranged based on the linkage established.

**3.15 Total budget for research for current year in lakhs :**

**From Funding agency- Rs. 6,95,000/-**

From Management of University/College- NA

**Total- Rs. 6,95,000/-**

**3.16 No. of patents received this year - NIL**

Type of Patent		Number
National	Applied	
	Granted	
International	Applied	
	Granted	
Commercialised	Applied	
	Granted	

**3.17 No. of research awards/ recognitions received by faculty and research fellows of the institute in the year- NIL**

**3.18 No. of faculty from the Institution who are**

- Ph. D. Guides- 10
- Students registered under them – PhD-18 MPhil- 14

**3.19 No. of Ph.D. awarded by faculty from the Institution- 1**

**3.20 No. of Research scholars receiving the Fellowships (Newly enrolled + existing ones) – NIL**

JRF- Nil	SRF- Nil	Project Fellows- Nil	Any other
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**3.21 No. of students Participated in NSS events: NA**

University level- NA	State level- NA	National level- NA	International level NA
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**3.22 No. of students participated in NCC events: NA**

University level- NA	State level- NA	National level- NA	International level NA
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**3.23 No. of Awards won in NSS: NA**

University level- NA	State level- NA	National level- NA	International level NA
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**3.24 No. of Awards won in NCC: NA**

University level- NA	State level- NA	National level- NA	International level NA
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**3.25 No. of Extension activities organized: 4**

University forum- NA	College forum- NA	NCC- NA	NSS- NA
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**Any other -**

1. Health for All- awareness & sensitization initiative for counseling & guidance for adivasi students and auto rickshaw drivers
2. Certificate courses- These courses are offered each year as an add on course for the students, who benefit in terms of getting knowledge and part time jobs.
  1. Aerobics instructor course
  2. Gym instructor course
  3. Yoga teacher course

**3.26 Major Activities during the year in the sphere of extension activities and Institutional Social Responsibility**

1. Linkage was established with Adivasi Kalyan Ashram and our students and staff conducted various activities for the Adivasi students. Our students volunteered in competition organization for the national adivasi sports meet. The Adivasi students were assessed for their fitness and health parameters. They were advised and counselled on health and fitness issues.
2. Active participation in the Global Drug addiction- awareness program organized by Pune Police and Muktangan Mitra, Pune
3. National sports day was celebrated through a rally on the 29<sup>th</sup> July Dhyanchand day to spread awareness about health and exercise.
4. Organization of walking competition for senior citizens. On the occasion of the republic day, the college organized a walking competition for higher age groups and senior citizens.



## Criterion – IV

### **4. Infrastructure and Learning Resources**

#### **4.1 Details of increase in infrastructure facilities:**

Facilities	Existing	Newly created	Source of Fund	Total
Campus area	3.05acres	-		3.05acres
Class rooms	8	-		
Laboratories	2	-		
Seminar Halls	1	-		
No. of important equipments purchased ( $\geq$ 1-0 lakh) during the current year.		456		
Value of the equipment purchased during the year (Rs.)		5,281,87/-	UGC Govt non-salary grant/fees Total	
Others		-		

#### **4.2 Computerization of administration and library**

- The library is regularly modernised and new equipment is purchased for ease of functioning.
- A new bar code reader is purchased for the library. Since all the books have bar code and the scanner makes it easy for data entry and processing.
- New LED monitors are purchased for the library.

### 4.3 Library services:

	Existing		Newly added		Total	
	No.	Value	No.	Value	No.	Value
Text Books	<b>10398</b>		<b>168</b>	<b>8783</b>		
Reference Books	<b>10860</b>	-	<b>200</b>	<b>2,47,482</b>	-	
e-Books	-	-	-	-	-	-
Journals	<b>19</b>	<b>6600</b>	<b>1</b>	<b>1908</b>	<b>19</b>	<b>8508</b>
e-Journals	-	-	-	-	-	-
Digital Database	-	-	-	-	-	-
CD & Video	<b>40</b>	-	-	-	<b>40</b>	-
Others (specify)	-	-	-	-	-	-

### 4.4 Technology up gradation (overall)

	Total Computers	Computer Labs	Internet	Browsing Centres	Computer Centres	Office	Departments	Others
Existing	<b>30</b>	<b>1</b>	<b>Yes</b>	<b>2</b>	<b>2</b>	<b>Yes</b>	<b>Yes</b>	-
Added	<b>23 (Replaced the old ones)</b>	-	-	-	-	-	-	-
Total	<b>30</b>	<b>1</b>	<b>Yes</b>	<b>2</b>	<b>2</b>	<b>Yes</b>	<b>Yes</b>	-

#### **4.5 Computer, Internet access, training to teachers and students and any other programme for technology up-gradation (Networking, e-Governance etc.)**

- The UG Students are trained to use the ICT in teaching and daily life. A computer practical program is given to them which gives them basic knowledge about the use of computers and internet. They are encouraged to make use of technology for some of the projects given during the academic transactions. The students also use the technology in other aspects such as planning of intramural and its documentation.
- The PG students make use of the IT facilities for teaching learning, lesson design, and research dissertation. They make effective use of the MS office application and the internet. They are also given training for typography specially related to research dissertation requirements.
- The students who opt to write their research thesis in Marathi are trained to type in Marathi and thus additional help is provided in writing of the thesis..
- ICT facility is upgraded on a regular basis so as to get maximum advantage of the technology in teaching-learning and administration..
- Internet facility is provided using broadband network.

#### **4.6 Amount spent on maintenance in lakhs :**

	<b>Purchase Expenses</b>	<b>Maintenances Expenses</b>
ICT	<b>3,90,897/-</b>	
Campus Infrastructure and Facilities	-	<b>5,82,895/-</b>
Equipments	<b>5,28,187/-</b>	-
Library	<b>1,81,143/-</b>	-
Others-Laboratory	-	-

## **Criterion – V**

### **5. Student Support and Progression**

#### **5.1 Contribution of IQAC in enhancing awareness about Student Support Services**

- Orientation program at the beginning of each year
- Student council establishment
- Earn & learn scheme- Reinforced
- Promotion of sports participation at various levels
- Cultural activities to sensitize students about national values & development goals
- Campus placement initiatives
- Encouragement to participate & present papers in seminars, conferences

#### **5.2 Efforts made by the institution for tracking the progression**

- Strong Mentoring system- Each teacher works as a mentor for a group of 10 students approximately. The mentor is responsible for meeting with the mentees and discusses and mentors regarding personal, academic, social and other issues. This helps the students to share and connect with self and others and also focus on the academic development.
- Regular display of performance after each examination- this enables to the students and teachers to track the progress and provide students opportunity to improve.
- Counselling of students regarding performance- this is done by the subject teachers from time to time, during classes and after examinations.
- Extra classes – need based- Course teachers inform the authority in case they feel the need to conduct extra classes for revisions, or reinforcement of curriculum areas. These are classes for students willing to attend or in need of some additional help.
- Feedback mechanism – Student feedback of teachers is taken at the end of the year. The evaluation tool suggested by NAAC is used for this evaluation. The data is analyzed and informed to the concerned faculty member.

### 5.3 (a) Total Number of students

UG	PG	Ph. D.	Others (MPhil)
128	40	18	14

### (b) No. of students outside the state

Course	Women	Men
UG	4	2
PG	-	-

### (c) No. of international students

	No	Percentage
Men		
Women		

Last Year						This Year (2011-2012)					
General	SC	ST	OBC	Physically Challenged	Total	General	SC	ST	OBC	Physically Challenged	Total
138	28	6	41		213	112	16	6	26		160

(The above figures include number of UG and PG students together)

Demand ratio	Drop out %	UG- 7.03%	PG- NA
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### 5.4 Details of student support mechanism for coaching for competitive examinations (If any)

- The college is a physical education teacher education institute, our students mainly focus on careers in teaching at school, high school or college level. We thereby provide the necessary guidance and resources essential for the State Eligibility test (SET) & national eligibility test (NET).
- Some of our students are provided with training for the entrance examination for employment in police force.

### 5.5 No. of students qualified in these examinations

NET-	SET/SLET- 19	GATE	CAT
IAS/IPS	STATE PSC	UPSC	OTHERS

### 5.6 Details of student counselling and career guidance

- Students are given training regarding soft skills and interview techniques.
- Campus placement activity is organized in the college. Students are informed, screened and given opportunities to appear for interviews.
- There are several positions available outside in different schools and colleges, clubs and gymnasiums. Inquiries are done by these institutes for suitable candidates. The faculty members inform about the job opportunities available off campus. Suitable students are identified and informed about them.
- No. of students benefitted- 159

### 5.7 Details of campus placement

<i>On campus</i>			<i>Off Campus</i>
Number of Organizations Visited	Number of Students Participated	Number of Students Placed	Number of Students Placed
			<b>33</b>

### 5.8 Details of gender sensitization programmes

The college has established Nari Manch, which conducts activities for gender sensitization. Various activities are organized in this regards.

This year a talk was organized for the students to make them aware about gender roles and sensitize them about gender equality.

### 5.9 Students Activities

#### 5.9.1 No. of students participated in Sports, Games and other events

State/ university level	<b>62</b>
National level	<b>14</b>
International level	Nil

No. of students participated in cultural events **NIL**

### 5.9.2 No. of medals /awards won by students in Sports, Games and other events

<b>Sports- State/ university level</b>	<b>6</b>
National level	<b>2</b>
International level	

Cultural: NA

State/ University level

National level

International level

### 5.10 Scholarships and Financial Support

	Number of students	Amount
Financial support from institution		
Financial support from government	<b>29</b>	<b>39,52,80/-</b>
Financial support from other sources		
Number of students who received International/ National recognitions		

### 5.11 Student organized / initiatives-

Fairs : State/ University level National level International level

Exhibition: State/ University level **1** National level International level

- The Master's students organized an exhibition of the human performance laboratory. This activity not only provided all with knowledge about measurement and evaluation tools, techniques and methods but also created interest in all the participants to know more about this field of evaluation. Parents were also invited for the exhibition.

### 5.12 No. of social initiatives undertaken by the students – 4

- Linkage was established with Adivasi Kalyan Ashram and our students and staff conducted various activities for the Adivasi students. Our students volunteered in competition organization for the national adivasi sports meet.

The Adivasi students were assessed for their fitness and health parameters.

They were advised and counselled on health and fitness issues.

2. A walking competition for citizens aged 40 and above was organized on the republic day. This competition got tremendous response and prizes were given to the first and second place winners. The students volunteered and organized this event.
3. Active participation in the Global Drug addiction- awareness program organized by Pune Police and Mukangan Mitra, Pune
4. National sports day was celebrated through a rally on the 29<sup>th</sup> July Dhyanchand day to spread awareness about health and exercise.

**5.13 Major grievances of students (if any) redressed: NIL**



## Criterion – VI

### **6. Governance, Leadership and Management**

#### **6.1 State the Vision and Mission of the institution**

##### **VISION**

*“We shall be a National Leader in communicating, creating knowledge and environment about physical activity to enhance the Quality of life for all.”*

##### **MISSION**

The Mission of the College is to create and communicate information about sport exercise and physical activity. The college achieves its Mission through student centred instruction applied and basic scholarship and professional services. We focus on working directly to produce lifelong learning and participation in human movement to enhance Quality of life for all.

##### **OBJECTIVES**

- To Develop and Nurture sportsmen, Physical Education Facilitators, Sports Coaches, Yoga Teachers and Administrators who are globally competent professionals.
- To provide broad-based experiences in physical activity to serve as a foundation.
- To empower our students with the knowledge base skills, core values that contribute to lifelong learning.
- To foster research and scholarly activities.
- To produce creative thinkers, contributing citizens and ethically informed individuals.
- To preserve, sustain and expand traditional physical activities.
- To ensure access to the disadvantaged and provide for equity.
- To provide academic, technical, and professional leadership to other institutions in the field of Physical Education, Sports and Allied Sciences.
- To establish a Sports University.

Suitable Action Plan has been prepared to achieve the objectives mentioned.

## **VALUE FRAMEWORK**

- Commitment to Excellence
- Valuing diversity
- Service to humanity
- Awareness of global issue
- Developing character ethic

### **6.2 Does the Institution has a management Information System?**

- The college administrative office has office automation system. The office has computers, internet facility, and all the necessary IT related facilities. All the records are computerized. Records of the student data, staff and faculty data, data of all the resources available is computerised.
- The library has software for transactions, and records and reporting systems. The library also has the OPAC and computers with internet connection for the use by students.

### **6.3 Quality improvement strategies adopted by the institution for each of the following:**

#### **6.3.1 Curriculum Development**

- The college runs the academic programs prescribed by the University of Pune. Many staff members are associated with the syllabus revision and restructuring. The staff members have worked as members of syllabus revision sub-committee and also members of board of studies and as the dean.
- College conducts meeting to discuss effective implementation of syllabus and also initiates changes required if any, which are then forwarded to the board of studies and dean.

#### **6.3.2 Teaching and Learning**

- College promotes novel and innovative methods of teaching to be used by the faculty members both for the activity and theory course teaching.
- Unit planning or year planning is prepared and followed by the teachers during the teaching.
- Project based teaching, team teaching, task system, computer assisted teaching are some of the methods used for teaching along with the traditional lecture methods.
- Remedial classes- remedial classes are conducted for the students diagnosed with low performance and students with some special needs like lack of expression- written or verbal.

- Peer teaching and feedback method is used for teaching skill development program. The peers in the group help each other prepare and conduct lessons, they also provide feedback and evaluation. All this is done under supervision of the teacher.

### **6.3.3 Examination and Evaluation**

- All the examinations are conducted using various techniques. At PG level, methods like tutorial, seminars, open book test, group projects, and assignments are used to conduct the internal examinations. The teachers provide the evaluation criteria set by them at the time of exam.
- The internal examinations at the UG level are conducted using assignment and tutorial techniques. Model answers are displayed by the teachers so that students can evaluate their performance.
- Practical examination is conducted by two examiners at a time. This practice has helped in moderation, rationalization and appropriate evaluation of the students. Evaluation criteria is set by the examiners and also discussed with the students before the exam.
- All the marks of each examination are displayed in the showcase to ensure transparency and bring clarity. The marks are entered and cross checked and the entire record of internal marks is submitted to the internal moderation committee of the university.

### **6.3.4 Research and Development**

- To promote research and develop the quality of research work, college takes lot of initiatives. The staff members are encouraged to take up research projects and also seek funding from outside agencies.
- Many staff members have presented their research work in seminars and conferences at various levels.
- Research dissertation is made compulsory course in the master's degree syllabus. They are also encouraged to write research papers and present the same in seminars and conferences.
- Students are assisted to prepare their research proposals and present them to a group of teachers who help and provide suggestions if needed.

### **6.3.5 Library, ICT and physical infrastructure / instrumentation**

- College boasts of a very fine collection in the library, and the same is updated every year. Library has all the latest publications from a variety of publishers on diverse areas of physical education and sports.
- College library has provided computers and internet facility for the students.

- Library is open for extended hours for students to have increased access and facility.
- Library has purchased tabs and will start using the same for e-books and likes.
- ICT laboratory is upgraded from time to time. The college has purchased licensed MS Office application and has installed anti-virus for protection.
- The college also has an annual maintenance contract for the ICT related facilities.
- Bio-log attendance system installation

### **6.3.6 Human Resource Management**

- Human resource at the college is well catered to in terms of welfare, being up to date and efficient, focused and productive.
- The teaching and non-teaching staff are both encouraged to work in harmony and thereby achieve the goals. They are provided with necessary facilities and schemes as and when required.
- College, when required, takes help from the expertise outside the college to benefit all the members of college. Guest lecturers, visiting faculty, experts from outside are invited from time to time.
- Staff meetings are conducted often to discuss, develop and implement activities in a smooth manner. Both the staff and students volunteer to conduct various activities in the college.

### **6.3.7 Faculty and Staff recruitment**

- College has adequate and qualified staff as per the NCTE norms and regulations. However, the college, as and when necessary appoints guest faculty, visiting faculty and experts and coaches to provide the students with most updated knowledge.
- Three new staff members are employed in this academic year for the master's degree program.

### **6.3.8 Industry Interaction / Collaboration**

- The college has established links with renowned institutions such as ASI, ASPT, Balewadi, NDA and also Adivasi Kalyan Ashram. College organizes visits and interactions with the experts from these institutes for the students and staff.

### **6.3.9 Admission of Students**

- Admissions take place as per all the rules and regulations of the government and the university. Admission process is very meticulously conducted and it ensures equity and access to all. The college rigorously

conducts the written test, physical fitness tests and interview after reviewing the eligibility criteria. List of admitted students and wait list is published and process as per schedule. All the students are given adequate time and support to complete admission procedure.

- The college faculty members visit various colleges and competition venues and propagate about the college and its programs. Visits during Ashwamedh competitions, university competitions have helped a lot of students to understand the importance and benefits of the teacher education programs.

#### 6.4 Welfare schemes for

<b>Teaching</b>	<ol style="list-style-type: none"> <li>1. Loan facility (Patpedhi)</li> <li>2. Flexible timing in case of medical requirements</li> <li>3. Provident fund</li> <li>4. Maternity leave provision</li> <li>5. Advance in case of emergency expenses</li> <li>6. Fitness &amp; health awareness initiatives</li> </ol>
<b>Non teaching</b>	<ol style="list-style-type: none"> <li>7. Uniform for support staff</li> <li>8. Admission &amp; fees concessions to ward of admin staff</li> <li>9. Loan facility (Patpedhi)</li> <li>10. Provident fund</li> <li>11. Maternity leave provision</li> <li>12. Advance in case of emergency expenses</li> </ol>
<b>Students</b>	<ol style="list-style-type: none"> <li>13. Career guidance</li> <li>14. Placement cell</li> <li>15. Earn &amp; learn</li> <li>16. Student council</li> <li>17. Nari manch</li> <li>18. Grievance redressal</li> <li>19. Medical assistance in terms of consultancy and expenditure</li> <li>20. Participation in competitions, seminar, conferences</li> <li>21. Camp, Trip &amp; visits</li> <li>22. Annual social festivals</li> <li>23. Scholarship &amp; free ship</li> </ol>

<b>6.5 Total corpus fund generated</b>	<b>NA</b>
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<b>6.6 Whether annual financial audit has been done</b>	<b>Yes</b>
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**6.7 Whether Academic and Administrative Audit (AAA) has been done?**

Audit Type	External		Internal	
	Yes/No	Agency	Yes/No	Authority
Academic	No			
Administrative	<b>Yes (Financial)</b>			

**6.8 Does the University/ Autonomous College declares results within 30 days?**

For UG Programmes	<b>YES</b>
For PG Programmes	<b>YES</b>

**6.9 What efforts are made by the University/ Autonomous College for Examination Reforms?**

Although the final or semester exams are conducted by the university, the college ensures maintaining high quality in the examinations held in the college.

- Various techniques of assessment are used for the purpose of internal examination of the theory and practical courses.
- At PG level, assessment techniques such as seminars, presentations, open book tests, assignments are used primarily.
- The exams are scheduled at the beginning of the year and the dates are informed to the students well in advance.
- Students failing to achieve results or being present due to genuine reasons are given opportunities for re-exams. The college ensures that students get maximum opportunities to perform to the best of their abilities.

**6.10 What efforts are made by the University to promote autonomy in the affiliated/constituent colleges? NA****6.11 Activities and support from the Alumni Association**

- The alumni support is available whenever required. The alumni supports the college activities such as lesson examinations, conducting lessons in their schools, assessments of the final lessons, gathering, social initiatives etc.
- Alumni also provide feedback and suggestions from time to time informally regarding the activities and plans.

### **6.12 Activities and support from the Parent – Teacher Association**

- The college doesn't have a parent-teacher association; however, we strive to meet parents at the events organized in college, such as annual prize distribution, parents meet or exhibitions and talks.
- This year the parents were invited for an exhibition and were assessed for their basic health and fitness parameters.
- Parents were also oriented about the syllabus and its content.
- The parents are also informed about the ward's progress and attendance. In case of any misconduct, or long leave of absence due to some medical reasons, parents are consulted and informed.

### **6.13 Development programmes for support staff**

- Encouragement & support for education & advancement
- Admission & fees concessions to ward of admin staff
- Loan facility
- Advance in case of emergency expenses

### **6.14 Initiatives taken by the institution to make the campus eco-friendly**

- No-vehicle day celebration
- Organization of Campus cleanliness programs
- No vehicle zone to ensure safety and clean environment
- Paper bags- students are taught to make paper bags during the annual camp, paper bags are used mostly during the functions

## Criterion – VII

### **7. Innovations and Best Practices**

**7.1 Innovations introduced during this academic year which have created a positive impact on the functioning of the institution. Give details.**

- Promotion & encouragement given for participation in research oriented programs – This year the college has conducted special classes and training programs for the students to be able to write research articles and also make effective power point presentations.

The initiative has been very beneficial for all the concerned.

1. Master degree students participated in a national conference at Kerala and also made presentation of their research.
2. Many students participated in the state level paper presentation competition held at Dept of Phy Edu, University of Pune.
3. Five students got awards and secured places in two different categories for paper presentation.
4. The college also got an award for best participation in this paper presentation competition.

- Health & fitness awareness program- the national sports day is celebrated on the 29<sup>th</sup> August, also known as Dhyanchand day. A rally is organized by the college. It begins at the main building of the University of Pune and it culminates at the college. This 13 kilo meter long rally consists of demonstrations, and exhibits of talents, sport skills and cultural activities. Slogans are shouted during this rally and they aim at increasing awareness about fitness, health and nutrition. The event focuses on promoting sports culture, awareness about healthy lifestyle and it pays tribute to the legendary Dhyanchand, the legend in hockey.



**7.2 Provide the Action Taken Report (ATR) based on the plan of action decided upon at the beginning of the year**

Plan of Action	Achievements
1. Innovations in teaching & learning	<p>1. Use of student centric teaching styles were used by faculty and led to achieving the expected learning outcome. Methods such as learning through web-based resources, providing presentations and study material before teaching was used.</p> <p>2. Master's degree lesson plan format was revamped and made computerised. Students and teachers were oriented about the new lesson plan format and content area. This led to students using ICT for designing lesson plans, finding and selecting relevant information from web-resources.</p> <p>3. Each master student's lesson was video recorded and they were used to discuss the improvements and reflection by the students.</p>
2. Inclusion of parents & other stakeholders in college activities	<p>1. Parents were invited for the human performance laboratory exhibition set up by master's degree students. Parents were measured for various health &amp; fitness parameters by the students and were advised about health &amp; fitness.</p> <p>2. Parent meeting was conducted and they were appraised about the new and improved syllabus and also about measurement and evaluation methods.</p> <p>3. A walking competition was organized for the regular exercise goers from outside who come to the college ground every day. This competition was mainly for the age groups 40 to 50 years, 50 above to 60 years and 60 plus. The walking competition had</p>

	great response and was very successful. The winners were given prizes of Rs. 1500/- and Rs.1000/-.
3. Social initiatives	<p>1. Linkage was established with Adivasi Kalyan Ashram and our students and staff conducted various activities for the Adivasi students.</p> <p>Our students volunteered in competition organization for the national adivasi sports meet.</p> <p>The Adivasi students were assessed for their fitness and health parameters. They were advised and counselled on health and fitness issues.</p> <p>2. Active participation in the Global Drug addiction-awareness program organized by Pune Police and Mukhtangan Mitra, Pune</p> <p>3. National sports day was celebrated through a rally on the 29th July Dhyanchand day to spread awareness about health and exercise.</p>
4. Workshop & lecture series	1. Lectures were organized by experts from outside on various subjects like flag code, Roles & responsibilities of Director of Phy Edu and Sports, Govt Grants & schemes. All the students and staff was benefited from these lectures.

**7.3 Give two Best Practices of the institution (*please see the format in the NAAC Self-study Manuals*)**

**Best practice- i**

**Title/Name- Dhyanchand day- National sports day celebration**

**Context that required initiation of the practice:**

In the memory of the great hockey legend of the nation, Major Dhyanchand, we celebrate the national sports day. It is with the view to celebrate the life of major Dhyanchand and honour the contribution he has made into the field of sports in India. This day is revered as a national sports day and we feel it imperative to celebrate this day on grand scale. The celebrations are our small effort in spreading the sports culture and values imparted through sports.

**Objectives of the practice:**

1. To celebrate the national sports day and spread and support the sports culture in the country.
2. To inspire the youth and the budding sportspeople to dedicate to the field of sports.
3. To encourage general population to adopt healthful lifestyles & inspire people to take up sports or any physical activity.

**Practice:**

The college plans the event of national sports day in different ways. A cycle rally from the University of Pune to Agashe College is organized. The rally also includes various demonstrations and displays. The students from UG and PG participate in the rally along with all the faculty members. Display of sports skills such as hockey, football, basketball, volleyball, kabaddi, kho-kho, gymnastics, stunts & tumbling, weight lifting, body building are organized at various junctions on the main roads. The students demonstrate skills and drills and also shout slogans spreading messages about fitness, nutrition, sports, physical activity, health, national sports goals and about achievements by great sportspeople of the country.

**Obstacles faced if any and strategies adopted to overcome them:**

As of now, this initiative has been successful and not many obstacles have been faced. The college takes official permission from the commissioner of police to organize the rally, hence no obstacles are seen.

**Impact of the practice:**

The rally has seen tremendous success in terms of spreading awareness about sports, fitness and health. The thirteen kilometre long stretch is enough to exhibit the skills and drills to thousands of people on the streets. Many voiced their interest to join the rally and also take up health lifestyle. This definitely inspires the trainees to celebrate the life of sports legends and thus inspire self and others in the field of sports and physical education. This rally has been motivating for many other institutes and schools who liked the idea and sought help to organize such events.

The rally inspires the students in terms of taking up sports and physical activity seriously as they acknowledge the honour a sportsperson gets. The students are also trained about how to organize such a large event. Various groups are given different responsibilities; they work as team and ensure that they follow all the rules and regulations while celebrating the event.

Some of the students have also taken keen interest in other sports than their own, thus developing more skilled sportspeople. This practice has been very effective and has achieved most of the goals it strived for.

**Resources required:**

Permission from the authorities, sports equipment, flash boards, display boards, transport, public address system arrangements, refreshments

**Contact person for further details:**

Principal

C Agashe College of physical education,

Gultekdi, Pune, 411037

Ph.no: +912024261872

## **Best practice ii**

**Title/Name- Use of ICT in lessons at Master's course**

**Context that required initiation of the practice (100-200 words):**

Today's life is infused with presence of technology in all aspects. The field of education is going through a major shift in the methodology used. It is very important to equip the future teachers with the knowledge about technological advances and necessary skills. We feel that training the students to use technology for their own learning and also use the technology in their teaching is the need of the hour. This practice focuses on eliciting interest in the student teachers to use technology for learning and teaching both and go at par with the counterparts.

**Objectives of the practice (50-60 words):**

1. To enable the student teachers to find out relevant information from the internet.
2. To teach them about using the web based resources of knowledge.
3. To develop skills of using the various applications in the computer and become more efficient.
4. To imbibe the skill of reflection and thereby improve performance.

**Practice (250-300 words):**

The students of master's degree are given an orientation about the practice teaching lessons. They are informed about how to design appropriate lesson plans and also using web based resources. A lesson plan template developed by the faculty is explained to the students and they make use of technology for developing their plans. The students who prefer writing in Marathi are given guidance on use of English to prepare the lesson plans.

**Obstacles faced if any and strategies adopted to overcome them (150-200 words):**

No major obstacles were faced as the students were ready to take the challenge.

**Impact of the practice (1000 words):**

The initiative was highly successful in terms of creating the computer based lesson plans and include novel methods of training and fitness protocols. The students found it quite easy to gain access to the web resources and thereby create very novel lesson plans. They are accessing to more literature than earlier and are trying to design very innovative and scientific lesson plans. They are trying to make more scientific lessons and also create and use relevant teaching aids.

**Resources required:**

Lesson note format templates, computers, internet facility, reference books

**Contact person for further details:**

Principal

C Agashe College of physical education,

Gultekdi, Pune, 411037

Ph.no: +912024261872

**7.4 Contribution to environmental awareness / protection**

- No-vehicle day celebration
- Organization of Campus cleanliness programs
- No vehicle zone to ensure safety and clean environment
- Paper bags- students are taught to make paper bags during the annual camp, paper bags are used mostly during the functions

**7.5 Whether environmental audit was conducted?**

No

**7.6 Any other relevant information the institution wishes to add. (for example SWOT Analysis)**

**8. Plans of institution for next year**

<b>Plan of Action</b>
1. Intercollegiate event- Sport & Physical activity carnival
2. Faculty enhancement programs
3. Social awareness initiatives
4. Promotion for adventure sports competition
5. Financial assistance in terms of scholarships, loan scholarship
6. Olympic Year- Education program
7. Acknowledgment of exceptional services by Ex students- Award
8. Refresher courses for school PE teachers

***Name: Shraddha Naik***

*Signature of the Coordinator, IQAC*

***Name: Prin Dr Nayana D Nimkar***

*Signature of the Chairperson, IQAC*