

Research Papers

RESEARCH PAPERS & BOOKS PUBLISHED BY FACULTY MEMBERS

1. Research Papers Published in Peer-Reviewed Journals

Dr. SOPAN EKNATH KANGANE

SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
1	Assessment of Psychological Parameters of Handball players.	Entire research, Vol. 2(1), pp. 36-46	ISSN-0975-5020	National	January 2010.
2	आपल्या निरोगीपणाच्या पातळीचे प्रमाण	शिक्षणातील मर्मदृष्टी, Vol. 2 (6), pp. 35-37	ISSN-0976-0385	National	July
3	Evaluation of Morphological Variables of Handball players.	Entire research, Vol. 2(3), pp.48-54	ISSN-0975-5020	National	July -- 2010
4	Analysis of Selected Skill Attributes of the Junior Maharashtra Team Handball players.	Scientific journal in sports & exercise, Vol. 6(2), pp.8-12	ISSN-0974-2964	National	July -- 2010
5	A Study of Skill Test & Actual Match Performance of Handball player.	Entire research, Vol. 2(4), pp. 34-36	ISSN-0975-5020	National	Oct. 2010
6	Technology in Physical Education.	शिक्षण तरंग Vol.1& 2 (14), pp.38-40	ISSN-0976-0636	National	Sep.- Oct. 2010
7	Off Season Analysis of the Efficacy of Yoga and FIFA Recommended Programs on Fitness Abilities and Skills of Football Players In Goa State.	Indian journal of Yoga, Exercise, & Sport Science and Physical Education, Vol. 4(1&2), pp.1-6	ISSN-0975-265X	National	Dec.
8	Study of Physical fitness Components of Highs School Boys.	शिक्षण तरंग, Vol. 2 (16), pp.21-24	ISSN-0976-0636	National	Dec. 2010
9	Effect of Physical Activity Program on HRPF components of age groups 11 & 12 years school going boys.	Entire research, Vol. 3(1), pp. 12-14	ISSN-0975-5020	National	Jan. 2011
10	A study of body fat & body mass index ratio of mountaineers.	Entire research, Vol. 3(1), pp.55-57	ISSN-0975-5020	National	Jan. 2011

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SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
11	बीड जिल्ह्यातील उर्दू माध्यमिक शाळांतील शारीरिक शिक्षणाविषयीच्या समस्या अभ्यास	The Unique Research Analysis, Vol. 1(2), pp.60-67	ISSN- 2229- 5623	National	Feb. 2011
12	Effect of Pranayama on PEFR & Cardiovascular efficiency of collegiate students.	Shodh-Sangam, An International Journal of Physical Education Sports & Allied Science. V (1). Pp.24-26	ISSN 2249-717X	International	Jan. 2012
13	Barriers toward physical activity in University students in Teharan city of Iran.	Shodh-Sangam, An International Journal of Physical Education Sports & Allied Science. V (1). Pp. 87-90	ISSN 2249-717X	International	Jan. 2012
14	Study of Physiological Parameters of Handball players.	International journal of Physical Education, Fitness & sports, Vol. 1(1), pp. 14-18	ISSN-2277-5447	International	Mar-12
15	Effect of Yoga Practices on Respiratory Function and Cardiovascular Endurance of School Going Girls.	Variorum Multi-Disciplinary e-Research Journal Vol.,-03, Issue-III, pp.1-4	ISSN 976-9714	International	Feb-13
16	Assessment of Percentage Body Fat of 12 Years School Students from Nashik District.	Entire research, Vol. 5(2),pp.27-29	ISSN-0975-5020	National	April 2013.
17	Study on Percentage Body Fat of 13 Years School going Boys in Nashik District.	Variorum Multi-Disciplinary e-Research Journal, Vol.-04, Issue-II, pp. 1-3	ISSN 976-9714	International	Nov-13
18	Study of illegal bowling action in Cricket.	Entire research, Vol. 6(3), pp. 47-49	ISSN-0975-5020	National	Jul-14

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SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
19	मुंबई विद्यापीठांतर्गत येणा-या वरिष्ठ महाविद्यालयांचा सांघिक क्रीडा स्पर्धा सहभागाचा अभ्यास	Entire research, Vol. 6(3), pp.80-82	ISSN-0975-5020	National	Jul-14
20	A Comparative Study of Stress among B.P.O. Employees Who are under Going Physical Fitness Programme and Those Who are Not.	Variorum Multi-Disciplinary e-Research Journal, Vol.,-5, Issue-II, pp.1-3	ISSN 976-9714	International	Nov-14
21	Effect of selected yoga and non-yoga practices on C. V, efficiency of obese student.	International Journal of Phy. Edn, Sports Management and Health Sciences. Bi-Annual Journal (June- Dec). Issue 1, pp.13-19	ISSN-2349-6703	International	Dec. 2014
22	क्रीडा महर्षी कॅ. शिवरामपंत विष्णू दामले एक जीवन अभ्यास	Entire research,	ISSN-0975-5020	National	Jan. 2015
23	शालेय विद्यार्थ्यांची शारीरिक तंदुरुस्ती, मानसिक स्वास्थ्य व शैक्षणिक कार्यमान यांचा सहसंबंधात्मक अभ्यास	Entire research, Vol. 7(1), pp. 49-51	ISSN-0975-5020	National	Jan. 2015
24	Study on Body Composition of 11 Years School going Boys in Nashik District.	Entire research, Vol. 7(1),pp.17-19	ISSN-0975-5020	National	Jan. 2015
25	हॅण्डबॉल खेळाडूसाठी ज्ञान चाचणी तयार करणे	Entire research, Vol. 7(2),pp.47-50	ISSN-0975-5020	National	Apr-15
26	EFFECT OF YOGA PRACTICES ON PHYSIOLOGICAL PARAMETERS OF SCHOOL GOING GIRLS.	Vidyawarta' International multilingual research journal. Pp.1-6	ISSN- 23199318	International	Feb. 2018
27	Effect of Diet on Sports Performance	Sanskriti International Multidisciplinary Research Journal INDEXED, PEER-REVIEWED	ISSN: 2455-1511	International	Jan-19

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SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
		INTERNATIONAL JOURNAL. Issue 001, pp.80-85, IMPACT FACTOR - (IFSIJ) – 5.355, (I2OR)–1.235 (2017)			
28	Yoga in Sports	‘RESEARCH JOURNEY’ International E- Research Journal. Physical Education, Sports, Yoga & Psychology. Special Issue 99-A, pp. 82-85 Impact Factor - (SJIF) – 6.261, (CIF) - 3.452(2015), (GIF)– 0.676 (2013) UGC Approved Journal	ISSN : 2348-7143	International	Jan-19
29	The perception of kho-kho players on attacking skills performance on different playing surfaces. Research Journey	‘RESEARCH JOURNEY’ International E- Research Journal. Special Issue 121 (A): pp.40-42. Impact Factor - (SJIF) – 6.261, (CIF) - 3.452(2015), (GIF)– 0.676 (2013) Stress Management at the Work Place, UGC Approved	ISSN :2348-7143	International	Feb. 2019

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SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
		Journal			
30	Inculcating Sports Person Ship Through Sports Autobiographies: with Reference To Indian Cricket Autobiographies	‘RESEARCH JOURNEY’ International E- Research Journal. Special Issue 121 (A): pp. 96-98 Stress. Impact Factor - (SJIF) – 6.261, (CIF) - 3.452(2015), (GIF)– 0.676 (2013), Management at the Work Place, UGC Approved Journal	ISSN : 2348-7143	International	Feb. 2019
31	The importance of sports & exercise for children health	Our Heritage, Vol-68, Special Issue-37 Pg. 146-149	ISSN: 0474-9030	National	Feb. 2020
32	STUDY OF PHYSICAL FITNESS PARAMETERS OF HANDBALL PLAYERS	Viyayam Vidyan, Pg. 33-39		National	Feb-May 2020
33	RELATION OF OBESITY WITH SELF-CONCEPT AND SCHOLASTIC ACHIEVEMENT OF OBESE GIRLS	Scholarly Research Journal for Interdisciplinary Studies, Online, SJIF 2019 = 6.380, www.srjis.com, PEER REVIEWED & REFEREED JOURNAL, , VOL- 7/59 Pg. 14017-14021	ISSN 2278-8808	International	MAY-JUNE, 2020
34	Technical and Tactical Indicators related to point scoring in Indian elite kho-kho	Shod Sarita, Vol. 7, Issue.27, Pg. 123-128	ISSN 2348-2397	International	July-Sep 2020

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SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
35	SAFETY MEASURES IN BASEBALL	Shod Sarita, Vol. 7, Issue.27, Pg. 115-118	2348-2397	International	July-Sep 2020
36	Study of Muscular Endurance of School Students from Nashik District.	Entire research, Special Issue. Pg. 1-3	ISSN-0975-5020	National	Mar-21
37	The Study of Stress and the Effect of Meditation Program on the Stress level of Athletes	Kanpur Philosophers, International Journal of humanities, Law and Social Sciences Published biannually by New Archaeological & Genological Society Kanpur India Vol. 8, Issue.1 Pg. 37-40	ISSN 2348-8301	International	Jul-21
38	Impact Of Aerobic Dance Intervention On Self Concept In Adolescent Girls	Journal of sport, Health & PE, Vol. 1, Issue.1, Pg. 38-45		National	Jul-21
39	Study of effect of yoga intervention program on foot deformity & associate symptom balance among school students	Journal of sport, Health & PE, Vol. 1, Issue.1 Pg. 53-59		National	Jul-21
40	An analytical Study of FITT Principles Used By Different Athletes in Fitness Training During Coronavirus Pandemic Period in Margao City	Journal of sport, health & PE. Vol. 1, Issue.2 Pg. 53-59	2583-6307	National	January 2022
41	Analysis of Physical Fitness of kho-kho & selected foreign game players	Journal of information & computational science. Vol. 12, Issue 3. Pg.281-285	1548-7741	National	March 2022
42	STUDY OF STRESS AND THE EFFECT OF PROGRESSIVE MUSCLE RELAXATION PROGRAM ON THE STRESS LEVEL OF ATHLETES	Journal of the Asiatic Society of Mumbai Vol. 96, No. 1, 2022	0972-0766	National	March 2022

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SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
		Pg. 267-272			
43	THE STUDY OF STRESS AND THE EFFECT OF GOAL SETTING PROGRAM ON STRESS LEVEL OF ATHLETES	Shodhasamhita ISSN 2277 – 7067 Vol .No .IX, Issue- I (VII). Pg. 1-6	2277 – 7067	National	January – June 2022
44	NEP 2020 ENVISAGES SPORTS & SPORTS INTEGRATION	<i>Utkal Historical Research Journal, UGC Care Approved, Peer Reviewed and Referred Journal.</i> Vol.-36, No.(I) 2023 Pg. 70-73	0976-2132	National	March 2023
45	COMPARATIVE STUDY OF PHYSICAL AND SOCIAL SELF CONCEPT AMONG SPRINTERS, JUMPERS, THROWERS AND LONG DISTANCE RUNNERS FROM PUNE CITY	<i>Utkal Historical Research Journal, UGC Care Approved, Peer Reviewed and Referred Journal.</i> Vol.-36, No.(I) 2023 Pg. 1-4	0976-2132	National	March 2023
46	STUDY OF THE EFFECTS OF A SUPPLEMENTARY EXERCISE PROGRAM ON THE PERFORMANCE OF 16- TO 18 YEAR OLD HAMMER THROWERS		<i>Utkal Historical Research Journal, UGC Care Approved, Peer Reviewed and Referred Journal.</i> Vol.-36, No.(I) 2023 Pg. 79-82	0976-2132	National
47	Study the effect of 6 weeks Fun Games training program on the manipulative skill (Catching and Throwing) of Second Standard Students of Bishop's International School Undri, Pune	JOSH-PE - Journal of Sports Health and Physical Education Vol.	2583-6307	National	Jan 2023

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SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
		III Issue I Jan. 2023			
48	Analysis of BMI of Females Age 30 to 35 Years from Maharashtra Mandal Campus Pune City	JOSH-PE - Journal of Sports Health and Physical Education Vol. III Issue II July 2023	2583-6307	National	July 2023
49	Study on cardiovascular fitness of 13 years school going boys in Nashik district	International Journal of Cultural Studies and Social Sciences Vol-20, Issue-1, January - June: 2024 :(UGC CARE Journal)	2347-4777	International	Jan 2024
50	Analytical study of quantity of macronutrients in the diet of young athletes from pimpari chinchwad	International Journal of Cultural Studies and Social Sciences Vol-20, Issue-1, January - June: 2024 :(UGC CARE Journal)	2347-4777	International	Jan 2024
51	Effect of a Structured Physical Activities Program on throwing skill competence among grade 2 students of Indo Scots Global School from Pune	JOSH-PE - Journal of Sports Health and Physical Education Vol. IV Issue I Jan 2024	2583-6307	National	Jan 2024
52	The Role of Artificial Intelligence in Enhancing Performance and Accessibility for Special Athletes	JOSH-PE - Journal of Sports Health and Physical Education Vol. V Special Issue April 2025	2583-6307	National	Jan 2025
53	ICSE Board Regular PE Class Participation: A Student Survey in Pune City	JOSH-PE - Journal of Sports Health and Physical Education Vol.	2583-6307	National	July 2025

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SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
		VI Issue II July 2025			
54	Development and Validation of Changeover Recovery Strategy Assessment Tools in Competitive Tennis Players (16–25 Years)	JOSH-PE - Journal of Sports Health and Physical Education Vol. VI Issue I Jan 2026	2583-6307	National	Jan 2026
55	14 वर्ष वयोगटातील बास्केटबॉल खेळाडूंचेर प्लायोमेट्रिक व स्ट्रेंथ-आधारित विशेष प्रशिक्षणाचा रिच क्षमतेवरील प्रभाव	JOSH-PE - Journal of Sports Health and Physical Education Vol. VI Issue II July 2026 ISSN: 2583-6307 (Online)	2583-6307	National	July 2026
56	Development, Content Validation and Reliability Testing of a Questionnaire Assessing Factors Influencing Dietary Habits among Athletes	JOSH-PE - Journal of Sports Health and Physical Education Vol. VI Issue II July 2026 ISSN: 2583-6307 (Online)	2583-6307	National	July 2026
57	Assessment of Physical Fitness Components Among Senior Citizens of Sarasbaug Region in Pune City	JOSH-PE - Journal of Sports Health and Physical Education Vol. VI Issue II July 2026 ISSN: 2583-6307 (Online)	2583-6307	National	July 2026

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Prof. Dr. BALAJI SATWAJI POTE

SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
1	Mental Health and Teaching Effectiveness of values Male Pre-Service Student Teachers	Mental Health: Role of Education.' A Peer Reviewed Edited Book, P No. 267	78-81-922307-1-9	International	Oct. 2011
2	A Study of Mental Health and Teaching Ability of Teacher Trainer	Capital Research Journal of Physical Education and Sports Sciences Allahabad University, Volume-I/ISSUE- I P No. 67	277-8519	International	Jul. 1012
3	A Study of Physical Fitness and Teacher Effectiveness of Teacher Trainer	International Journal of Research Pedagogy and Technology in Education and Movement science (IJEMS) Vol. 02, P No. 97	2319-3050	International	Dec.2013
4	A Study of Physical Fitness, Mental Health of Teacher Trainer	International Journal of Research Pedagogy and Technology in Education and Movement science (IJEMS) Vol. 02, P No. 70	2319-3050	International	Dec. 2013
5	A study of Physical Fitness and Teacher Effectiveness of Girls Teacher Trainer	International Peer Reviewed & Referred Scholarly Research Journal for Interdisciplinary Studies Vol.3/17	2278-8808	International	May. 2015
6	A Study of Mental Health and Teaching Ability of Men Teacher	An International Peer Reviewed & Referred Scholarly Research Journal for Interdisciplinary Studies Vol.3/18	2278-8808	International	Jun 2015
7	विविध वयोगटातील विद्यार्थिनींच्या सर्जनशिलतेचा विश्लेषणात्मक अभ्यास	Review of Research UGC Approved Journal No. 48514 Volume – 5/Issue – 2 ISSN:2249-894X		International	November 2015
8	A Study of Non-Verbal Creativity and Teacher Effectiveness of Teacher Trainer	Indian Streams Research Journal, International Recognized Multidisciplinary Research Journal Volume – 5/ Issue - 1	2307850	International	Jan. 2016
9	योग कार्यक्रमाचा अध्यापक महाविद्यालयातील छात्रा अध्यापकाच्या भावनिक बुद्धिमत्तेवर होणाऱ्या परिणामांचा अभ्यास,	Aayushi International Interdisciplinary Research Journal (Monthly Journal) P No. 221	2349-638X	International	Feb. 2016
10	पण्यातील व्यायामाचा ३५ ते ४० वयोगटातील स्थूल पुरुषांच्या आरोग्याधीष्टीत सुदृढता घटकावर होणाऱ्या परिणामांचा अभ्यास	International Refereed Multidisciplinary Journal of Contemporary Research Online	2319-5789	International	Oct 2016
11	शिक्षक प्रशिक्षणार्थीची आरोग्यासंबंधित शारीरिक तंदुरुस्ती व शाब्दिक	Online Multidisciplinary Journal, Review of	2249-894X	International	May 2017

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SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
	सर्जनशिलता यांचा सहसंबंधात्मक अभ्यास,	Research, UGC Approved Journal No. 48514 Volume – 6/Issue – 8			
12	भारतीय व पाश्चात्य विचारसरणीतून मनोकायिक स्तरावरील व्यायामाचे फायदे,	Review of Research, UGC Approved Journal No. 48514, Volume – 7/Issue – 9	2249-894X	International	June 2018
13	Comparative Study of Lifestyle Among Different Professionals in Pune District	E-Research Fellows Association Research Journey (Peer Refereed & Indexed Journal) Physical Education, Sports, Yoga & Psychology Special Issue – 99 (B) P No. 54	2348-7143	International	Jan. 2019
14	जमिनीवरील व्यायामाचा ३५ ते ४० वयोगटातील स्थूल पुरुषांच्या आरोग्याधीष्टीत सुदृढता घटकावर होणाऱ्या परिणामांचा अभ्यास	Online National Conference	23199398	International	June 2020
15	A study of Physical Fitness, Mental Health and Teaching Ability of Teacher Trainer	International Journal of Health, Physical Education and computer Science in Sports A Peer Reviewed (Refereed) Research Journal	2231-3265	International	Sept. 2020
16	Level of anxiety, motivation of kho-kho players at inter university level	International Journal of Health, Physical Education and computer Science in Sports A Peer Reviewed (Refereed) Research Journal	2231-3265	International	Sept. 2020
17	Analysis of success ratio of attacking skills in 8 second penalty shootout in FIH Men's Hockey World cup 2018	आंतर विद्याशाखीय बहुभाषिक शोध पत्रिका विद्यावार्ता	23199318	International	Sept. 2020
18	Study of Health-Related Physical Fitness and Teaching Ability of Male Teacher Trainer	Entire Research Multidisciplinary International Journal	0975-5020	International	March 2021
19	Comparative Study of the Emotional Intelligence of Sports Person and Non-Sports Person Male Students from Sanjivani College of Engineering, Ahmednagar, Maharashtra	Entire Research Multidisciplinary International Journal	0975-5020	International	March 2021
20	The Study of Exercise Adherence Techniques' Used by Male Exercise participants at Maharashtra Mandal	Entire Research Multidisciplinary International Journal	0975-5020	International	March 2021
21	Study of Health-Related Physical Fitness and	Entire Research Multidisciplinary International	0975-5020	International	March

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SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
	Non-Verbal Creativity of Women Teacher Trainer	Journal			2021
22	An Analytical Study of the Shooting Performance of State-Level Basketball Boys	Journal of Education: Rabindra Bharati University		National	Oct. 2021
23	Effect of Remedial Teaching Programme on Academic Performance of Physical Education Teacher Trainer	Journal of Education: Rabindra Bharati University		National	Oct. 2021
24	Study of Variables Directing Consistency in Exercising Behavior	Journal of Education: Rabindra Bharati University		National	Oct. 2021

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Prof. Dr. SHARAD SHANKAR AHER

SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
1	सोलापूर विद्यापीठ संलग्न आंतरमहाविद्यालयीन तालुकनिहाय क्रीडास्पर्धेमध्ये विद्यार्थ्यांच्या सहभागाचा विश्लेषणात्मक अभ्यास	<i>Review of Research UGC Approved Journal No. 48514 Vol-8, Issue- 9 PP. 1-3 Impact Factor: 5.7631(UIF)</i>	2249-894X	National	2019
2	Modern Workout Means: Getting to Know	<i>Research Journey Multidisciplinary International E-research Journal Special Issue-94 PP. 78-79 Impact Factor:(SJIF) 6.261</i>	2348-7143	National	2019
3	2012 च्या क्रीडा धोरणांतर्गत क्रीडा विषयक पायाभूत क्रीडा सुविधांची निर्मिती: चिकित्सकअभ्यास	<i>Aayushi Internal Interdisciplinary Research Journal (AIIRJ) Peer Review e-Journal Vol-VI, Issue-I PP. 97-101 Impact Factor: 5.707</i>	2349-638x	National	2019
4	Importance of Nutrition		ISSN: 2348-7143	National	2019
5	2012 च्या क्रीडा धोरणाचा विद्यापीठ व महाविद्यालयीन स्तरावरील परिणाम: एक चिकित्सक अभ्यास	<i>Research Journey Multidisciplinary International E-research Journal Special Issue-121(B) PP. 153-158 Impact Factor:(SJIF) 6.261</i>	ISSN: 2348-7143	National	2019
6	महाराष्ट्रराज्य क्रीडा धोरण 2012 ची विद्यापीठ व महाविद्यालयीन स्तरावरील अमलबजावणी व त्याच्या परिणामांचा चिकित्सकअभ्यास	<i>Research Journey Multidisciplinary International E-research Journal Special Issue-99(A) PP. 204-210 Impact Factor:(SJIF) 6.261</i>	ISSN: 2348-7143	National	2019
7	The Effect of Yogasana on selected Physiological Factor	<i>Our Heritage Journal UGC Care Approved International Index and Referred Journal Vol-68, Issue-30 PP. 3089-3093</i>	ISSN: 0474-9030	National	2020
8	Analysis of ALT In PE Final Lesson Of Pre-Service Teachers	Golden Research Thoughts	ISSN 2231-5063	National	June 2024

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SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
9	Development of Short-Catching Skill Test for Under 19 Cricket Players of Pune District	Entire Research Vol-6, Issue- II P.No. 40-43	ISSN 0975-5020	National	June 2024
10	School Physical Education Reforms in Maharashtra	International Multidisciplinary e-Journal Vol-I, Issue-XI P.No. 12-15	ISSN 2277-4262	International	June 2024
11	A Comparative Study of Obesity and Physical Fitness Components Of English Medium and Marathi Medium School going Obese Boys.	Research Dimensions Vol-II, Issue- III P.No. 60-62	ISSN 0976-8564	National	April 2025
12	Effect of Physical Activity Programme on Health Related Physical Fitness of obese boys	Entire Research Vol-2, Issue-IV, P.No. 17-19	ISSN-0975-5020	National	July 2024
13	To Develop Kabaddi Rating Scale of Block	Shodh Sarita Approved UGC Care Vol. 7 Issue: 27 P.No. 181-184	ISSN- 2348-2397	International	2020-2021
14	Study Of Transportation mode among the boys students of High School, Junior and senior college from Kandi City.	Shodh Sarita Approved UGC Care Vol. 7 Issue: 27 P.No. 181-184	ISSN- 2348-2397	International	2020-2021
15	Study of Physical fitness and Fundamental Skill Profiles of Roll Ball players at International level	VidyaWarta Interdisciplinary multilingual refereed journal Impact Factor 7.041(IJIF) Special Issue-2 P.No. 198-205	ISSN-2319 9318	International	2020-2021
16	शालेय शारीरिक शिक्षणातील उत्तम उपक्रम: एक सर्वेक्षणात्मक अभ्यास	VidyaWarta Interdisciplinary multilingual refereed journal Impact Factor 7.041(IJIF) Special Issue-2 P.No. 407-411	ISSN-2319 9318	International	2020-2021
17	कबड्डीतील हाताने गडी बाद करणे कौशल्याची पदनिश्चयन श्रेणी विकसित करणे	VidyaWarta Interdisciplinary multilingual refereed journal Impact Factor 7.041(IJIF) Special Issue-2 P.No. 455-458	ISSN-2319 9318	International	2020-2021
18	Study of Faculty Development Program on Continuous Assessment Technique (CAT)	NAPeSS Peer Revived Journal on Physical Education and Sports Sciences Vol-1Article:118	ISSN-2229-7049	International	2020-2021
19	A Study of Anthropometrical, Physical fitness and	Entire Research Special Issue P.No.	ISSN-0975-	International	2021

RESEARCH PAPERS & BOOKS PUBLISHED BY FACULTY MEMBERS

SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
	Skills of Indian Roll Ball players participating at the International Level		5020		
20	In-House Physical Education Program In Goa	Entire Research Special Issue P.No.	ISSN-0975-5020	International	2021
21	To Developed Kabaddi Rating Scale of Ankle Hold	Entire Research Special Issue P.No.	ISSN-0975-5020	International	2021
22	Implementing Sports Education Model: Teachers Perspective	Entire Research Special Issue P.No.	ISSN-0975-5020	International	2021
23	Effect of Yoga on Anxiety Levels in college students Deepali S.Morey	Entire Research Special Issue P.No.	ISSN-0975-5020	International	2021
24	Health and Physical Education: From Students Perspective	International Journal of Health Physical Education & Computer Science in Sports A Peer Reviewed (Referred) International Research Journal Impact Factor 7.217 Vol-39 Issue-I P.No. 170-173	ISSN 2231-3265	International	2020
25	पूर्व सेवा शारीरिक शिक्षण शिक्षक : जनसांख्यिकीय वैशिष्ट्ये व बी.पी.एड. अभ्यासक्रमा दरम्यानचे कार्यमान यांचा विश्लेषणात्मक अभ्यास.	Contemporary research in India A Peer-Reviewed Multi-Disciplinary International Journal Indexed in Indian Citation Index, Impact Factor 4.58 (CIF) SPECIAL ISSUE: 18 May, 2021	ISSN 2231-2137	International	2021
26	पुणे जिल्ह्यातील प्राथमिक शालेय शारीरिक शिक्षण शिक्षकांच्या अभ्यापन संसाधन गरजांचे विश्लेषण	Research NEBULA An international Refereed, Peer	ISSN 2277-8071	International	August 2021

RESEARCH PAPERS & BOOKS PUBLISHED BY FACULTY MEMBERS

SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
		Reviewed & Indexed Quarterly Journal in Arts, Commerce, Education and Social Sciences			
27	ROLE CONFLICT EXPERIENCE IN HIGH SCHOOL PHYSICAL EDUCATION TEACHERS	JOURNAL OF EDUCATION: RABINDRA BHARATI UNIVERSITY Vol.: XXII, No.: 1	ISSN 0972- 7175	National	October 2021
28	ANALYSIS OF THE TEACHING RESOURCE NEEDS OF PHYSICAL EDUCATION TEACHERS	JOURNAL OF EDUCATION: RABINDRA BHARATI UNIVERSITY Vol.: XXII, No.: 1	ISSN 0972- 7175	National	October 2021
29	How much time is allotted to physical education in primary and secondary schools in Pune city: A Survey Study	International Journal of Health, Physical Education & Computer Science in Sports Volume-43 Issue-I Impact Factor I20R 4.005	ISSN 2231- 3265	International	July 2021
30	Students Attitude towards outsourcing physical education in schools across Maharashtra	International Journal of Health, Physical Education & Computer Science in Sports Volume-43 Issue-I Impact Factor I20R 4.005	ISSN 2231- 3265	International	July 2021
31	Study of Fundamental Skills Profiles and Anthropometric Measurements of Roll Ball players of Asian Continent	Aayushi International Interdisciplinary Research Journal (AIIRJ) Peer Reviewed And Indexed Journal	ISSN 2349- 638x	International	December 2021

RESEARCH PAPERS & BOOKS PUBLISHED BY FACULTY MEMBERS

SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
		Impact Factor 7.149 Special Issue No.102			
32	Perspectives of school heads towards in house physical education in Goa	UTKAL historical research journal Vol.36 No.1	ISSN 0976-2132	National	February 2023
33	Contextualizing beginning physical education teachers experience challenges and their preparedness through PETE program	UTKAL historical research journal Vol.36 No.1	ISSN 0976-2132	National	February 2023
34	Comparison of health related physical fitness level of the student from different courses	UTKAL historical research journal Vol.36 No.1	ISSN 0976-2132	National	February 2023
35	"Study of Perceptions and Expectations of the Middle and Secondary School Students about Physical Education"	Journal of Sports, Health & Physical Education (JOSH-PE), Volume III, Issue	ISSN: 2583-6307	National	January 2023
36	"चंद्रशेखर आगाशे शारीरिक शिक्षण महाविद्यालयातील बी.पी.एड अभ्यासक्रमातील उच्चक्रमवारी घेऊन उत्तीर्ण झालेल्या विद्यार्थी शिक्षकांचा सद्यस्थितीचा सर्वेक्षणात्मक अभ्यास"	Journal of Sports, Health & Physical Education (JOSH-PE), Volume III, Issue	ISSN: 2583-6307	National	January 2023
37	Study of Instruction Performance Indicators in the Preservice PE Teachers During Teaching Skill Development Program				
38	"सावित्रीबाई फुले पुणे विद्यापीठातील शारीरिक शिक्षण विषयाच्या सत्र परीक्षांच्या प्रश्नपत्रिकांचा विश्लेषणात्मक अभ्यास"	Journal of Sports, Health & Physical Education (JOSH-PE), Volume-3, Issue-2	ISSN: 2583-6307	National	July 2023
39	"A Comparative Study Fundamental Skill Profiles of Male Roll Ball Players of Asia, Africa, South America and Europe"	Journal of Sports, Health and Physical Education (JOSH-PE) - Volume-1, Issue-1,	ISSN: 2583-6307	National	2021
40	"कुस्तीमधील फ्री स्टाईल या पद्धतीतील महाराष्ट्र केसरी स्पर्धेत वापरल्या गेलेल्या	Journal of Sports, Health and Physical	ISSN: 2583-	National	2021

RESEARCH PAPERS & BOOKS PUBLISHED BY FACULTY MEMBERS

SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
	कौशल्यांचा विश्लेषणात्मक अभ्यास"	Education (JOSH-PE) - Volume-1, Issue-1,	6307		
41	Study of Instruction Performance Indicators in the Preservice PE Teachers During Teaching Skill Development Program	International Journal of Cultural Studies and Social Sciences (UGC Care Journal) Vol-20, Issue-1	ISSN: 2347-4777	International	June 2024
42	Effect of Hockey Multi-Compo Fitness (MCF) Program on Physical Fitness & Performance of Hockey Players	Journal of Sports, Health and Physical Education (JOSH-PE)	ISSN:2583-6307	National	June 2024
43	चंद्रशेखर आगाशे शारीरिक शिक्षण महाविद्यालयाच्या बी पी एड च्या विद्यार्थ्यांना त्यांच्या अभ्यासादरम्यान येणाऱ्या चिंता आणि अडचणी यांचा अभ्यास	Journal of Sports, Health and Physical Education (JOSH-PE)	ISSN:2583-6307	National	June 2024
44	Evolving Needs in PETE Programs: An Analysis of Practical Utility and Curriculum Gaps	Journal of Sports, Health and Physical Education (JOSH-PE)	ISSN:2583-6307	National	April 2025
45	Study of Reason for Dropped Admission in M.P.Ed. course of Chandrashekhar Agashe College of Physical Education	Journal of Sports, Health and Physical Education (JOSH-PE)	ISSN:2583-6308	National	July 2024
46	Development and Validation of a New 15 Metre Dribbling Skill Test of Field Hockey: A Practical Tool for Assessing Ball Control	Journal of Sports, Health and Physical Education (JOSH-PE)	ISSN:2583-6309	National	March 2025
47	Comprehensive Assessment of Physical Education Practices at Don Bosco High School: A Multifaceted Approach	Journal of Sports, Health and Physical Education (JOSH-PE)	ISSN:2583-6310	National	January 2025
48	Athlete Dropout in Pune Competitive Sports: Reasons, Age, and Recommended Prevention Strategies	Journal of Sports, Health and Physical Education (JOSH-PE)	ISSN:2583-6311	National	January 2025

RESEARCH PAPERS & BOOKS PUBLISHED BY FACULTY MEMBERS

Dr. UJWALA LOKESH RAJE

SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
1	पुणे आणि कोल्हापूर जिल्ह्यांतील विद्यार्थ्यांच्या कारक क्षमतेचा तुलनात्मक अभ्यास	Entire Research Vol 2, Issue III	0975-5020	National	July 2010
2	A Study of Perceived Stress of School Teachers in Relation to Their Composition	VYAYAM VIDNYAN Vo.43 No.2	0975-8895	National	May 2010
3	Attitude development through physical Activity	Shodh Sangam Special Issue	2249-717X	International	Jan 2012
4	Ethnographic Analysis of Preservice Phys Ed Teachers' Belief system regarding Physical Education & the changes due to the PETE program	International Journal of Multidisciplinary studies Vol 3 Issue 4 Impact factor- 1.3599 (GIF)	2454-8499	International	April 2017
5	Comparison of PCK of first & second year pre-service Physical Education teachers	International Journal of Multidisciplinary studies Vol 4 Issue 2 Impact factor- 0.679	2454-8499	International	Feb 2018
6	Effect of Ball Activities on overhand throw and catching movement skills of U-10 Boys	VYAYAM - VIDNYAN Vol-53 No-04	0975-8895	National	Nov 2019
7	Study of self-perception of wellness of undergraduate physical education students	NAPSS	2455-0620	International	17-Jul- 2020
8	Study of amateur cyclists participating in the paris-brest-paris long-distance cycling competition	NAPSS	2455-0620	International	17-Jul- 2020
9	Effect of differential surya namaskar program on body posture of women aged 30 to 40 years	International Journal of Health, Physical Education and Computer Science in Sports	2231-3265	International	22-23 Aug. 2020
10	Creative Dance Program Intervention on Gross motor skill in children with learning disabilities	Entire Research, Multi-Disciplinary International Journal, Special Issue	0975-5020	International	March 2021
11	Status Study of Balance and Coordination	Entire Research, Multi-Disciplinary	0975-5020	International	June

RESEARCH PAPERS & BOOKS PUBLISHED BY FACULTY MEMBERS

SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
	Activity Performance of Primary Students from Pune City	International Journal, Special Issue			2021
12	क्रियायोगचा महाविद्यालयीन विद्यार्थ्यांच्या समयोजनातील शारीरिक घटकांवर होणाऱ्या परिणामांचा अभ्यास	JOSH PE	2583- 6307 Vol II, Issue I		Jan-22
13	km	UTKAL HISTORICAL RESEARCH JOURNAL	0976-2132 Vol 36, No (I):2023 Pg No 97-100		Jan-23
14	Effects of fundamental and movement pattern program on basic volleyball skills of beginner boys' volleyball players from clara global school	JOSH PE	2583- 6307 (Online) Published in: Vol III, Issue I		Jan-23
15	Job satisfaction of physical education teachers CACPE pune graduates of 2014-2017	JOSH PE	2583- 6307 (Online) Vol III, Issue I		Jan-23
16	Gross motor skills of children with learning disabilities	JOSH PE	2583- 6307 (Online) Vol III, Issue I		Jan-23
17	रग्बी परिवर्तित खेळ प्रशिक्षण कार्यक्रमाचा पुना गुजराती खेळवणी मंडळ स्कूल पुणे यामधील मुलांच्या बॉल कॅचिंग कौशल्यावर झालेल्या परिणामांचा अभ्यास	JOSH PE	2583- 6307 (Online) Vol III, Issue II	Peer Reviewed Refereed National Journal	May-23
18	Effectiveness of math on move- integrated motor skill program on developing numeracy skills in early childhood students	IJHPECSS	2231-3265 Vol 49/1	Peer Reviewed Refereed International Journal	April to June 23
19	Identifying Fitness Parameters Affecting Throwing Performance in Athletics (Track & Field) Athletes from Maharashtra State	JOSH PE	2583- 6307 (Online) Vol III, Issue II	Peer Reviewed Refereed International Journal	July 23
20	PREDICTIVE Analysis of Shot Put : A Regression - Based Study	JOSH PE	2583- 6307 Vol IV, Issue I	Peer Reviewed Refereed National Journal	Jan-24
21	Effect of Yogasana on Posture of 13 to 15 years Girls	Published By: Tagore Gandhi Institute /Shakespeare Society	2347-4777 UGC CARE Vol-20, Issue I;		16,17 Feb 2024

RESEARCH PAPERS & BOOKS PUBLISHED BY FACULTY MEMBERS

SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
		Avantgarde Press UGC Approved	pg 266-271 Feb 2024		
22	Study of Physical Activity Level of Junior College Girls in Pune City	MM's CACPE	2583- 6307 VOL.IV		Jul-24
23	Effectiveness of MoM (Math on Move)-Integrated Motor Skill Program on Developing Numeracy skills in Early Childhood Students	JOSH-PE - Journal of Sports Health and Physical Education	Vol. V Issue II	Peer Reviewed National Journal	July 2025

RESEARCH PAPERS & BOOKS PUBLISHED BY FACULTY MEMBERS

Dr. SHRADDHA ABHIJIT NAIK

SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
1	ATTITUDES TOWARD PHYSICAL ACTIVITY AND ITS MEASUREMENT	Paper published in Journal of Physical Education and Sport , Vol 29, no 4, December, 2010, pp. 30 - 36, e –	ISSN: 2066-2483; p – ISSN: 1582-8131	International	2010
2	RELATIONSHIP BETWEEN STUDENTS' AND TEACHERS' ATTITUDE TOWARDS PHYSICAL ACTIVITY AND PHYSICAL FITNESS	Paper published in Journal of Physical Education and Sport ® (JPES), 12(3), Art 57, pp.385 - 390, 2012, http://dx.doi.org/10.7752/jpes.2012.03057	online ISSN: 2247 - 806X; p-ISSN: 2247 – 8051; ISSN - L = 2247 - 8051 © JPES]	International	2012
3	EFFECTIVENESS OF A 5-YEAR SCHOOL-BASED INTERVENTION PROGRAMME TO REDUCE ADIPOSITY AND IMPROVE FITNESS AND LIFESTYLE IN INDIAN CHILDREN; THE SYM-KEM STUDY	[Paper published in BMJ, ADC Online First, published on September 29, 2015 as 10.1136/archdischild-2015-308673]		International	2015
4	Ethnographic Analysis of Preservice Phys Ed Teachers' Belief system regarding Physical Education & the changes due to the PETE program	International Journal of Multidisciplinary studies Vol 3 Issue 4 Impact factor- 1.3599 (GIF)	2454-8499	International	2017
5	Comparison of PCK of first & second year pre-service Physical Education teachers	International Journal of Multidisciplinary studies Vol 4 Issue 2 ISSN- 2454-8499 Impact factor- 0.679	2454-8499	International	2018
6	Relationship between students' Attitude towards Physical Activity and Physical Activity Level during School Hours	International Journal of Multifaceted and Multilingual studies Vol V,issue V Impact factor- 4.205	ISSN online- 230-0476 ISSN print- 2394-207	International UGC Care listed	2018

RESEARCH PAPERS & BOOKS PUBLISHED BY FACULTY MEMBERS

SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
7	Mentoring Program- An Insightful Experience for student-teachers a& reflective experience for teacher-educators & Future directions	Entire Research (Vol XIII (III) Impact Factor- 5.524 (ISRA)	0975-5020	International	2021
8	Identification of Performance profile of Women Kabaddi Players in Maharashtra & participation wise difference in profile	Entire Research (Special Issue) Multi-Disciplinary	0975-5020	International	2021

RESEARCH PAPERS & BOOKS PUBLISHED BY FACULTY MEMBERS

Dr. SHRIKANT SURYAKANT MAHADIK

SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
1	Relation of Obesity with Self-concept of obese girls.	Review of research Volume 7 Issue 7	ISSN 2249- 8944	International	April 2019
2	Relation of Obesity with Self-concept and Scholastic Achievement of obese girls.	Scholarly Research Journal for Interdisciplinary Studies Volume 7- Issue-59	ISSN- 2278- 8808	International	May 2020
3	Effects of static stretching, Dynamic Stretching, and No stretching on speed, agility and explosive strength.	Multidisciplinary Scientific Reviewer Volume 7 Issue 2	ISSN 2393- 9893	International	July 2020
4	Comparison of health related physical fitness factors of Pune city and Pune district first year under-graduate girls students of SPPU	Entire Research, Multi-Disciplinary International Journal, Special Issue	ISSN 0975- 5020	International	March 2021
5	Effects of different genres on the rate of perceived exertion and heart rate while warming up	NAPSS, Volume 2	ISSN: 2229- 7316	International	March 2021
6	Effect of Anaerobic Training on Raid Timing of Kabaddi Players	NAPSS, Volume 1	ISSN: 2229- 7316	International	March 2021
7	Comparison of the fat percentage and lung capacity of students between the age of 13-15 with respect to their mode of transport for school.	Journal of Education, Rabindra of Publication UGC CARE listed Journal Voume-XXII No. 1	ISSN 0972- 7175	National	2021
8	Comparative study of physical self-concept of working women who do regular exercise and working women who do not exercise	Journal of Education, Rabindra of Publication UGC CARE listed Journal Voume-XXII No. 1	ISSN 0972- 7175	National	2021
9	Pre-competative charactristics of inter-collegiate volleyball	Journal of Education, Rabindra of	ISSN	National	2021

RESEARCH PAPERS & BOOKS PUBLISHED BY FACULTY MEMBERS

SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
	players	Publication UGC CARE listed Journal Voume-XXII No. 1	0972-7175		
10	Prevalence of Relative Energy Syndrome (RED-S) amongst adolescent female football players form Pune city	Journal of Education, Rabindra of Publication UGC CARE listed Journal Voume-XXII No. 1	ISSN 0972-7175	National	2021
11	Pre-Competition Characteristics of Inter-Collegiate Volleyball Players	Journal of Education Rabindra Bharati University Vol: XXII, No.: 1, 2021	ISSN: 0972-7175	National	2021
12	Comparison of the Fat Percentage and Lung Capacity of Student between the Age of 13-15 with Respect to their Mode of Transport for School	Journal of Education Rabindra Bharati University Vol: XXII, No.: 1, 2021	ISSN: 0972-7175	National	2021
13	Comparative Study of Physical Self-Concept of Working Women Who Do Regular Exercise and Working Women Who Do Not Exercise	Journal of Education Rabindra Bharati University Vol: XXII, No.: 1, 2021	ISSN: 0972-7175	National	2021
14	Effects of different genres on the rate of perceived exertion and heart rate while warming up	Shod Samhita Vol. IX, Issue 1 (1), 2022-23	ISSN 2277-7067	National	2022
15	Analytical study of ideal goalkeepers positioning free-kick situation in football	Journal of the Asiatic Society of Mumbai	ISSN: 0972-0766	National	2022
16	Comparative study of the selected fundamental skills of 6 to 9 years old children who play regularly and those who do not	Journal of the Asiatic Society of Mumbai ISSN: 0972-0766	ISSN: 0972-0766	National	2022
17	Relation Of Pedagogical Content Knowledge (PCK) With Physical Education Lesson Plans and Physical Education Classes	Elementary Education Online, Vol 20 (Issue 6), 2021 UGC CARE GROUP-II SCOPUS JOURNAL	ISSN: 1305 3515	International	2022

RESEARCH PAPERS & BOOKS PUBLISHED BY FACULTY MEMBERS

SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
18	Analytical Study of Child's Participation in Sports and Physical Activities	Utkal Historical Research Journal, Utkal University. Vol: 36, No. (1), 2023	ISSN: 0976-2132	National	2023
19	Study of Anxiety of Intercollegiate Players of Different Sports from Pune City	Utkal Historical Research Journal, Utkal University. Vol: 36, No. (1), 2023	ISSN: 0976-2132	National	2023
20	Comparison of Selected Coordinative Abilities Amongst Contact, Semi-Contact and Non-Contact Sports Players.	Journal of Sports, Health & Physical Education (JOSH-PE), Volume III, Issue I. (Online)	ISSN: 2583-6307	National	2023
21	To Study the Causes of Dropout from Skating Practice of Skaters from Elite Skating Club	Journal of Sports, Health & Physical Education (JOSH-PE), Volume III, Issue I. ISSN: 2583-6307 (Online)	ISSN: 2583-6307	National	2023
22	Analytical study of quantity of Macronutrients in the diet of Young Athletics from Pimpri Chinchwad.	International Journal of Cultural studies and Social Sciences Vol-20, Issue-1, January - June: 2024. (UGC CARE Journal)	ISSN: 2347-4777	International	2024
23	A Study of the Correlation Between Foot Deformity, Body Weight, and Shoe Size Among 10 to 12-Year-Old Students	Journal of Sports, Health & Physical Education (JOSH-PE), Volume V, Issue I. ISSN: 2583-6307 (Online)	ISSN: 2583-6307	National	2025
25	Analytical Study of Dietary Knowledge and Calorie Intake of Student Teachers in Chandrashekhar Agashe College of Physical Education Pune	Journal of Sports, Health & Physical Education (JOSH-PE), Volume V, Issue I. ISSN: 2583-6307 (Online)	ISSN: 2583-6307	National	2025

RESEARCH PAPERS & BOOKS PUBLISHED BY FACULTY MEMBERS

Dr. MAHESH NARAYAN DESHPANDE

SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
1	Effect of Practice of Yogasana Programme on the Performnce of 12 to 14 years Boys Swimmers	National Quarterly Research Journal	0975-5020	National	Oct-10
2	Different Types of Skills Used in Basketball Competition	Counter-View: A Peer-reviewed Multi-disciplinary International Research Journal	2277-775X	International	Mar-12
3	Analytical study of direct board support type of shot in senior state & national Basketball matches	Academic Research	2230-7796	National	May-12
4	Sports participation & facilities in Goa- A Review	Atharva (Outting thoughts in action)	0973947-5	National	Dec-13
5	Review of Sports Participation & Facilities with the Sport Association in Goa	International Research Journal of Commerece, Business and Social Sciences (IRJCBSS)	2277-9310	International	Feb-14
6	Study of Sports Infrastructural Facilities in the Colleges of Goa	Physical Education	2277-3665	National	Feb-14
7	हॅण्डबॉल खेळातील कार्यमान विश्लेषणासाठी सामन्यांचे चित्रीकरण व निरीक्षण तक्त्याची शास्त्रीय बांधणी	Rajashri Research Journal	2320-5881	International	Sep-14
8	Analytical study of physical activities, calorie intake and screen time of high school students from Kannur city	International Journal of Yoga, Physiotherapy & Physical Education www.sportsjournal.in	2456-5067	International	Jan-19
9	Do Sports Practice & Participation Fulfill the Philosophical & Spiritual Meaning of Quotes by Swami Vivekananda?	An International Multidisciplinary Quartely Research Journal	2277-5730	International	Mar-19
10	Effect of Jump Rope Programme on the Fitness of the Elementary Students	Indian Journal of Physical Education, Sports & Applied Sciences	2229-550X (P), 2455-0175 (O)	National	Apr-19
11	नृत्य प्रशिक्षणाचा आर्टिस्टिक जिम्मेस्टिक्स मधील मुलींच्या फ्लोअर एक्सर्साइजवर कार्यामानावर होणाऱ्यापरिणामांचा अभ्यास	International online multidisciplinaryJournal: Review of Research	2249-894X	International	May-19
12	Effect of Application of Fitness app on Body	International Journal of Yoga,	2456-5067	International	Jul-19

RESEARCH PAPERS & BOOKS PUBLISHED BY FACULTY MEMBERS

SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
	Composition Parameter of Physical Activity among Sedentary People from Barrackpore City in West Bengal	Physiotherapy & Physical Education www.sportsjournal.in			
13	Effect of application of fitness app on interinsic motivation of Physical Activity among sedentary people from Barrackpore City in West Bengal	International Journal of Physiology, Nutrition & Physical Education	2456-0057	International	Jul-19
14	Effect of application of fitness app on Fitness of Physical Activity among sedentary people from Barrackpore city in West Bengal	International Journal of Research & Review	E-ISSN: 2349-9788, P-ISSN: 2454-2237	International	Aug-19
15	Effect of Anutail Nasya on Shoulder & Chest Muscle Strength of Athletes	International Journal of Ayu Pharm Chem	2350-0204	International	May-20
16	Study of Physical Activity & Stress Management Among College Going Girls	Juni Khyat (UGC care listed Journal)	2278-4632	International	Mar-21
17	To Study the Effect og Body weight Exercise Programme on U-14 Wrestlers of MM's Late Ramesh Damle Wrestling Centre During Lockdown	Entire Research	0975*5020	International	Mar-21
18	Analytical Study of Physical Fitness of College Female Athlete From Different Ball Games WRT Body Composition & CVE	Entire Research	0975*5020	International	Mar-21
19	Super Food Daliya Upama, The Nutritionally Dense Recipe for Fueling & Nourishment	Entire Research	0975*5020	International	Mar-21
20	Status Study of Balance and Coordination Activity Performance of Primary Students from Pune City	Entire Research	0975*5020	International	Jun-21
21	Effect of Jump Rope Programme on the Fitness of the Elementary Students	Indian Journal of Physical Education, Sports & Applied Sciences (Scope Database)	2455-0175	International	Apr-19
22	Effect of Remedial Teaching Programme on Academic Performance of Physical Education Teacher Trainer	Journal of Education: Rabindr Bharati University	0972-7175	National	Oct-21

RESEARCH PAPERS & BOOKS PUBLISHED BY FACULTY MEMBERS

SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
23	Impact of Height on the Performance of 100 M. Sprinting at Olympic Competition	Journal of Education: Rabindr Bharati University	0972-7175	National	Oct-21

RESEARCH PAPERS & BOOKS PUBLISHED BY FACULTY MEMBERS

Dr. YOGESH HIRAMAN BODKE

SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
1	A Study of Test & Actual Match Performance of Handball Players	Entire Research	ISSN 0975-5020		2010
2	Reliability, Validity & Objectivity of Skill Tests in Handball	Entire Research	ISSN 0975-5020		2012
3	Correlation of Skill & Fitness of Handball Players	Hi Tech Research Analysis	ISSN 2231-6671		2017
4	Life Skills through Sports & Physical Education	Interlink Research Analysis	ISSN 0976-0377		2018
5	Methods of Evaluation in PE	Interlink Research Analysis	ISSN 0976-0377		2019
6	The Importance of Physical Activity & Fitness for Children Physical Fitness & Health	International Research Journal of Multidisciplinary Studies	(Online): 2454-8499		July 2019
7	Analysis of Projection of Ball and Release During Jump Shoot from Left Out Position in Handball	Indian Journal of Physical Education, Sports Medicine & Exercise Science	ISSN 2456-737X		March 2021
8	RELATIONSHIP BETWEEN FITNESS AND FUNCTIONAL MOVEMENT SCREEN OF KHO- KHO PLAYERS	Indian Journal of Physical Education, Sports Medicine & Exercise Science	ISSN 2456-737X		March 2021
9	Comparison of Psychological Barriers Among Competitive and Amateur Players	ENTIRE RESEARCH	ISSN 0975-5020		March 2021
10	Comparison of Selected Motor Fitness Components among Different Sports Teams	ENTIRE RESEARCH	ISSN 0975-5020		March 2021
11	Effect of Acupressure Program on Selected Fitness Variable of Kho-Kho Players Aged Between 14 to 18 Years	ENTIRE RESEARCH	ISSN 0975-5020		March 2021
12	Correlation of Attention Span with Handball Jump Shoot and Passing Skills	Contemporary Research in India	ISSN 2231-2137		May 2021
13	Nutrition Intervention Programm On Kho-Kho Players	UTKAL Historical Research Journal Vol 36, No (I)	ISSN – 0976-2132		
14	Life Skills Through Physical Activity Program	Journal of Sports, Health and Physical	ISSN: 2583-		July 2022

RESEARCH PAPERS & BOOKS PUBLISHED BY FACULTY MEMBERS

SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
		Education (JOSH-PE) - Volume-2, Issue-2	6307 (Online)		
15	Effect of Suryanamaskar on Selected Physical Fitness of Students from Dumb & Deaf Students	Journal of Sports, Health and Physical Education (JOSH-PE) - Volume-2, Issue-2	ISSN: 2583-6307 (Online)		July 2022
16	Designing Guidelines for Effective Evaluation in Physical Education of Schools from Pune City	Journal of Sports, Health and Physical Education (JOSH-PE) - Volume-2, Issue-2	ISSN: 2583-6307 (Online)		July 2022
17	Survey of Anthropometric measurements of school students from Pune city and correlation of Anthropometric measurements with Leaping skill	Journal of Sports, Health and Physical Education (JOSH-PE) - Volume-2, Issue-2	ISSN: 2583-6307 (Online)		July 2022
18	Effect of Physical Activity and Yoga Therapy Programs for Students with ADHD: Addressing Needs and Enhancing Outcomes	International Journal of Cultural Studies and Social Sciences	ISSN: 2347-4777		
19	Trends in Fitness and Health Behavior Among College Students	Journal of Sports, Health and Physical Education (JOSH-PE) - Volume-3, Issue-2	ISSN: 2583-6307 (Online)		July 2023
21	पुणे शहरातील शाळांमध्ये वापरण्यात येणाऱ्या शारीरिक शिक्षणातील मूल्यमापन पद्धतीचा व अडचणींचा विश्लेषणात्मक अभ्यास	Journal of Sports, Health and Physical Education (JOSH-PE) - Volume-3, Issue-2 ISSN: 2583-6307 (Online)	ISSN: 2583-6307 (Online)		July 2023
22	Elevating College Life: The Crucial Role of Physical Activity for Students	Journal of Sports, Health and Physical Education (JOSH-PE) - Volume-3, Issue-2 ISSN: 2583-6307 (Online)	ISSN: 2583-6307 (Online)		July 2023
23	पुणे शहरातील इयत्ता ५ वी तील विद्यार्थ्यांचे शरीरमितीय मापन व जागेवरून लांब उडी कौशल्य यांचा सहसंबंधात्मक अभ्यास	Journal of Sports, Health and Physical Education (JOSH-PE) - Volume-3, Issue-2	ISSN: 2583-6307 (Online)		July 2023
24	महाराष्ट्रीय मंडळातील इंग्रजी माध्यमातील प्राथमिक शाळेत नियमित चालणारे क्रीडा उपक्रम व	Journal of Sports, Health and Physical	ISSN: 2583-		Jan 2024

RESEARCH PAPERS & BOOKS PUBLISHED BY FACULTY MEMBERS

SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
	शारीरिक शिक्षणाचा विद्यार्थ्यांच्या शैक्षणिक प्राविण्य, लक्ष कालावधी, चांगल्या सवयी व शिस्त यावर होणाऱ्या परिणामांचा सर्वेक्षणात्मक अभ्यास	Education (JOSH-PE) - Volume-4, Issue-1	6307 (Online)		
25	Analytical Study of Central Fatness among 8th and 9th Grade School Boys from Pune City	Journal of Sports, Health and Physical Education (JOSH-PE) - Volume-4, Issue-1	ISSN: 2583-6307 (Online)		Jan 2024
26	Exploring the Reasons Behind the Rise in Playing Football on Artificial Turf	Journal of Sports, Health and Physical Education (JOSH-PE) - Volume-4, Issue-2	ISSN: 2583-6307 (Online)		July 2024
27	पुणे शहरातील शाळांमध्ये वापरण्यात येणाऱ्या शारीरिक शिक्षणातील मूल्यमापन पद्धतीचा वाटचालीचा विश्लेषणात्मक अभ्यास	Journal of Sports, Health and Physical Education (JOSH-PE) - Volume-4, Issue-2	ISSN: 2583-6307 (Online)		July 2024
28	The impact of Sports Participation on Self Regulation among Unprivileged Children at Maharashtra Mandal's Volleyball club, Pune	Journal of Sports, Health and Physical Education (JOSH-PE) - Volume-V, Issue-1	ISSN: 2583-6307 (Online)		Jan 2025
29	Position Specific Fitness Analysis of Men Hockey Player in Pune City	Journal of Sports, Health and Physical Education (JOSH-PE) - Volume-V, Issue-1	ISSN: 2583-6307 (Online)		Jan 2025
30	Challenges Faced by Handball Coaches During Competition	Journal of Sports, Health and Physical Education (JOSH-PE) - Volume-V, Issue-1	ISSN: 2583-6307 (Online)		Jan 2025

RESEARCH PAPERS & BOOKS PUBLISHED BY FACULTY MEMBERS

Dr. AMEET DATTARAM PRABHU

SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
1	To Study the selected Physical Fitness Factors of Mountaineers	International Journal of Physical Education, Fitness and Sports	ISSN: 2277-5447	International	12-Mar
2	A Study of the Psychological Status of Mountaineers	Shodh-Sangam, An International Journal of Physical Education Sports & Allied Science.	ISSN: 2249-717X	International	10-12 Jan 12
3	Life Skills through Sports	Horizon Journal: Life Skills through Sports	ISSN 2229-4554	International	Nov. 2012
4	Physical Training	Golden Research Thoughts –	ISSN - 2231-5063	National	11-Jan-15
5	Human Values Through Sports	International Referred Multidisciplinary Journal of Contemporary Research: IRMJCR	ISSN: 2319-5789	International	16-Feb
6	Human Values Through Sports	International Referred Multidisciplinary Journal of Contemporary Research: IRMJCR	ISSN: 2320-3145	International	16-Feb
7	Technology Addiction through Psychological Perspective	Sanskriti International Multidisciplinary Research Journal,	ISSN: 2348-7143	International	22-23 Jan. 19
8	Study of Pre-Participation Characteristics of Intercollegiate Volleyball Players	Our Heritage Journal	ISSN 0474-9030	National	1-Feb-20
9	Effect of Physical Activity Awareness Model on Muscular Endurance of Junior College girls	Our Heritage Journal	ISSN 0474-9030	National	1-Feb-20
10	STUDY OF SELF-PERCEPTION OF WELLNESS OF UNDERGRADUATE PHYSICAL EDUCATION STUDENTS	NAPESS,	ISSN(O):2455-0620	International	17-Jul-20
11	STUDY OF AMATEUR CYCLISTS PARTICIPATING IN THE PARIS-BREST-PARIS LONG-DISTANCE CYCLING COMPETITION	NAPESS,	ISSN(O):2455-0620	International	17-Jul-20

RESEARCH PAPERS & BOOKS PUBLISHED BY FACULTY MEMBERS

SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
12	EFFECT OF DIFFERENTIAL SURYANAMASKAR PROGRAM ON BODY POSTURE OF WOMEN AGED 30 TO 40 YEARS	International Journal of Health, Physical Education and Computer Science in Sports,	ISSN: 2231-3265	International	22-23 Aug. 20
13	Effect of Anaerobic Training on Raid Timing of Kabaddi Players	NAPESS Volume 1	ISSN: 2229-7316	International	9-13 Mar 2021
14	Effect of Pranayama on Recovery of Students undergoing Police Recruitment Training at Maharashtra Mandal Vyayamshala, Pune	Entire Research,	ISSN 0975-5020	International	24-25 Mar 2021
15	Effect of Physical Activity Awareness Model on Flexibility and Coordination of Junior College Girls	Entire Research,	ISSN 0975-5020	International	24-25 Mar 2021
16	Effects of different genres on the rate of perceived exertion and heart rate while warming up	NAPESS, Volume 2	ISSN: 2229-7316	International	9-13 Mar 2021
17	Comparison of the Fat Percentage and Lung Capacity of Student between the Age of 13-15 with respect to their mode of Transport for School	Journal of Education: Rabindra Bharati University	ISSN 0972-7175	UGC CARE	October 2021
18	Pre-Competition Characteristics of Inter-Collegiate Volleyball Players	Journal of Education: Rabindra Bharati University	ISSN 0972-7175	UGC CARE	October 2021
19	Survey of Sports Injuries of Adolescent Players of Pune City	Journal of Education: Rabindra Bharati University	ISSN 0972-7175	UGC CARE	October 2021
20	Study of Mood States of Intercollegiate Handball Players from Pune City	JOSH-PE	ISSN 2583-6307	National	November 2021
21	Study of Self-Confidence of Players of different Sports from Pune City	Journal of the Asiatic Society of Mumbai	ISSN 0972-0766	UGC CARE	Apr 2022
22	नियम बदलून तयार केलेल्या अल्टीमेट खो-खो खेळाच्या स्वरूपावर झालेल्या परिणामाचा अभ्यास	JOSH-PE	ISSN - 2583-6307	National	Jan 2023
23	Study of Hydration Level Pre and Post Workout of Under 16 Football and Basketball Players from Pune City	JOSH-PE	ISSN - 2583-6307	National	Jan 2023

RESEARCH PAPERS & BOOKS PUBLISHED BY FACULTY MEMBERS

SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
24	Study of Anxiety of Intercollegiate Players of Different Sports from Pune City	Utkal Historical Research Journal	0976-2132	UGC CARE	Mar 2023
25	Study of Causes of Sports Injuries of Adolescent Athletes in Pune City	Utkal Historical Research Journal	0976-2132	UGC CARE	Mar 2023
26	Effect of Yogasana on Posture of 13 to 15 Year Girls	International Journal of Cultural Studies and Social Sciences	2347-4777	UGC CARE	Feb 2024
27	Investigation on the Use of Multiple Kinds of Football Shoes and Playing Surfaces among Inter-Collegiate Football Players	International Journal of Cultural Studies and Social Sciences	2347-4777	UGC CARE	Feb 2024
28	To Measure the Selected Profiling Factors of Basketball Players of Different Age Groups from Pune City	JOSH-PE	ISSN - 2583-6307	JOSH-PE	Jul 2024
29	बास्केटबॉल खेळात होणाऱ्या दुखापती कोणत्या व त्यांची कारणे कोणती यांचा अभ्यास	JOSH-PE	ISSN - 2583-6307	JOSH-PE	Jul 2024
30	पुणे जिल्ह्यातील उशू मधील पावलो आणि सांडा या प्रकारातील खेळाडूंच्या निवडक तंदुरुस्ती घटकांचा विश्लेषणात्मक अभ्यास	JOSH-PE	ISSN - 2583-6307	JOSH-PE	Jan 2025
31	नियम बदलून तयार केलेल्या अल्टीमेट खो-खो खेळाच्या स्वरूपावर झालेल्या परिणामाचा अभ्यास	JOSH-PE	ISSN - 2583-6307	JOSH-PE	Jan 2025
32	Preparation and Recovery: Investigating Warm-Up and Cool-Down Trends In Football	JOSH-PE	ISSN - 2583-6307	JOSH-PE	Jan 2025
33	A Study on Factors Influencing Consistent Success in School Sports Competitions in selected Sports at School Level from Pune City	JOSH-PE	ISSN - 2583-6307	JOSH-PE	Jan 2025
34	पुणे शहरातील शाळांमध्ये विविध खेळांसाठी खेळाडूंची निवड करण्यासाठी वापरण्यात येणाऱ्या पद्धतींचा अभ्यास	JOSH-PE	ISSN - 2583-6307	JOSH-PE	Jan 2025

RESEARCH PAPERS & BOOKS PUBLISHED BY FACULTY MEMBERS

Dr. SHIRISH VIJAY MORE

SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
1	Effect of Acupressure program on selected fitness variable of Kho-Kho players aged between 14 to 18 years.	Entire Research	ISSN 0975-5020	National	24-03-2021
2	A Corelation of attention span with Hnadball jump shooy and passing skills	Contemporary Research In India	ISSN 2231-2137	National	18-05-2021
3	Relationship of Anthropometric Measurements and pole dive skills of game kho kho	International Journal of Health, PE and Copmuter Science in Sports	ISSN 2231- 3265	National	Sep-21
4	Competitive Behaviour of Football Players from Pune City	Journal of Education	ISSN 0972 7175	National	2021
5	Corelation of functional movement screening and fitness of kho kho players	Journal of Asiatic Society of Mumbai	ISSN 0972 0766	National	Mar-22
6	Analytical study of Modified format in the game of women kho kho	Shodhsamhita	ISSN 2277 7076	National	Jun-22
7	The effect of nutrional intervention program on physical fitness of kho kho players	UTKAL	ISSN 0976 2132	National	Jul-23
8	Study of Fitness Trends and Status Of U-25 Cricketers of Cricket Next Academy Cricket Club Pune City	JOSH PE	ISSN 2583-6307	National	Jan-23
9	Examination of Belief System of Physical Education Teacher	JOSH PE	ISSN 2583-6307	National	Jan-23
10	Effect of task based teaching on understanding of sports management concepts	Royal	ISSN 2278-8158	National	Dec-23
11	पुणे शहरातील १९ ते २५ वयोगटातील पुरुष बॉक्सिंग व कुस्ती खेळाडूंच्या जलद वजन कमी करण्याच्या पद्धतींचा वर्णनात्मक अभ्यास	JOSH PE	ISSN 2583-6307	National	Jan- 24
12	A Comparative Study of Physical Fitness Characteristics of Batsmen and Bowlers in Cricket from Pune City	JOSH PE	ISSN 2583-6307	National	Jan- 25
13	Physical Performance Profiling of Elite National-Level Kho Kho Players	JOSH PE	ISSN 2583-6307	National	Jan- 26

RESEARCH PAPERS & BOOKS PUBLISHED BY FACULTY MEMBERS

Mr. KUMAR KRUSHNAKANT UPADHYAY

SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
1	भारतीय व पाश्चिमात्य विचारसरणी मनोकायिक व्यायामाचे फायदे	Review of Research, UGC Approved Journal No. 48514, Volume – 7/Issue – 9	ISSN: 2249-894X	International	2018
2	The study of Exercise Adherence Techniques used by male exercise participants at maharashtriya mandal	Entire Research, Multi-Disciplinary International Journal, Special Issue	ISSN 0975-5020	International	March 2021

RESEARCH PAPERS & BOOKS PUBLISHED BY FACULTY MEMBERS

Mr. SUMIT PRAKASH TAMBE

SN	Title of the Paper	Name of the Journal	ISSN	Level	Month & Year
1	Study of the Effects of a Supplementary Exercise Program on the Performance of 16- to 18 Year old Hammer Throwers	Utkal Historical Research Journal, UGC Care Approved, Peer Reviewed and Referred Journal. Vol.-36, No.(I) 2023 Pg. 79-82	0976-2132	National	44986
2	Comparative study of physical self-concept of working women who do regular exercise and working women who do not exercise	Journal of Education Rabindra Bharati University Vol: XXII, No.: 1, 2021	ISSN 0972-7175	National	2021
3	Comparison of the Fat Percentage and Lung Capacity of Student Between the Age of 13-15 with Respect to their Mode of Transport for School	Journal of Education Rabindra Bharati University Vol: XXII, No.: 1, 2021	ISSN: 0972-7175	National	2021
4	Comparison of temperamental and intellectual self-concept of Players, Non Players and NCC cadets From Pune City				
5	Comparative Study of the Fundamental Skills of 6 to 9 years old students who play regularly and those who do not	Journal of Education Rabindra Bharati University Vol: XXII, No.: 1, 2021	ISSN: 0972-7175	National	2021
6	Analytical study of fitness and exercise on senior citizen, who exercise regularly in, Pune City				
7	Assessing the Effectiveness of Extra Sports Practices on Student Engagement and Performance in Pune city Schools	JOSH-PE - Journal of Sports Health and Physical Education Vol. V Issue 1 January 2025		National	2025

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BOOKS PUBLISHED

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B. BOOKS PUBLISHED BY FACULTY MEMBERS

DR. SOPAN EKNATH KANGANE

SN	Title of the Book	ISBN	Publisher	Month & Year
1	Team Handball (Marathi edition)	ISBN-81-89724-45-2	Diamond	October2006
2	Project, Experiment, Practical, & Written test workbook std 5th –12th		Nirali	Sept 2007
3	Handball (English edition)	ISBN-978-81-89959-32-6	Diamond	October2007
4	Handball (Marathi edition)	ISBN-978-81-89959-31-9	Diamond	October2007
5	Health and Physical Education std 9th –10th 8th Edition		Nirali	June 2007 July 2017
6	Arogya Ani Sharirik Shikshan std 9th –10th 11th Edition		Nirali	June 2007 June 2017
7	Sharirik Shikshan D. Ed. 1st year 9th Edition		Phadke	October 2007 August 2012
8	Physical Education D. Ed. 1st year 7th Edition		Nirali	August2007 February 2012
9	Krida-Dyan Kosh	ISBN-978-81-8483-037-8	Diamond	Dec 2008
10	Health, Physical Education & Yoga (B.Ed. & B.Ed.(PE))		Nirali	Dec.2009
11	Jaltaran (Marathi edition)	ISBN-978-81-8483-184-9	Diamond	Aug.2009
12	Sports Competition organization (English edition)	ISBN-978-81-8483-203-7	Diamond	Aug.2009
13	Krida Sprdha Niyogen (Marathi edition)	ISBN-978-81-8483-157-3	Diamond	June 2009
14	Management in Physical Education	ISBN-978-93-81-354-07-0	Insight	Dec.2011
15	Health and Physical Education std 11th –12th 7th Edition	ISBN-978-93-82448-35-7	Nirali	September, 2012 April 2018
16	Arogya Ani Sharirik Shikshan std 11th –12th 3rd Edition	ISBN-978-93-82448-36-5	Nirali	October, 2012 June 2017
17	Physical Education	ISBN-978-93-83750-55-9	Nirali	January 2014
18	Arogya Sharirik Shikshan Ani Yoga (B.Ed. & B.Ed.(PE))	ISBN-978-93-5164-243-5	Nirali	October 2014
19	School Environment & Physical Education	ISBN-978-93-86084-71-2	Nirali	Sep. 2016
20	Shalya Vatavaran Ani Sharirik Shikshan D.L.Ed, Government Approved	ISBN- 978-93-86048-56-9	Nirali	October 2016

RESEARCH PAPERS & BOOKS PUBLISHED BY FACULTY MEMBERS

SN	Title of the Book	ISBN	Publisher	Month & Year
	No. F9/B			
21	Shalya Vatavaran Ani Sharirik Shikshan D.L.Ed,Government Approved No. F9/A	ISBN-978-81-934116-7-4	Phadake	October 2016
22	Krida Vidnyan	ISBN 978-93-88706-00-1	Nirali	26 November 2018
23	SET/NET Paper 2, Physical Education	ISBN 9789389944884	Nirali	June 2020
24	शारीरिक व्यायाम	https://www.esahity.com/uploads/5/0/1/2/501218/sharirik_vyayam_sopan_kangane.pdf	E- Sahitya	Jan 2026

Prof. Dr. BALAJI SATWAJI POTE

SN	Title of the Book	ISBN	Publisher	Month & Year
1	आरोग्य शिक्षण आणि आहार		स्वयंदीप प्रकाशन पुणे	एप्रिल २०२१

Prof. Dr. SHARAD SHANKAR AHER

SN	Title of the Book	ISBN	Publisher	Month & Year
1	महाराष्ट्रातील खेळ: आजचे-कालचे	978-81-8483-189-4	Diamond	2009
2	शारीरिक शिक्षण मापन व मूल्यमापन	978-81-8483-180-1	Diamond	2009-10
3	Obesity and Development(Reference book) Scholars press	978-3-639-51058-4	Scholars press	2012-13
4	शारीरिकशिक्षण (सेट/नेट)	978-93-83750-55-9	Nirali	2014-15
5	मूलभूत कारक कौशल्य: प्राथमिक शिक्षकांसाठी हस्तपुस्तिका	978-93-5396-661-4	CACPE	March 2020
6	शारीरिक शिक्षण अध्यापनातील आधुनिक प्रवाह	978-81-952969-1-0	Suvichar	2022
7	Assessment in Physical Education & Sports	978-81-952969-1-0	AADI Media E-Learning Service	2022
8	सूक्ष्म अध्यापन संकल्पना	978-81-993493-7-7	Self-Published	March 2026

RESEARCH PAPERS & BOOKS PUBLISHED BY FACULTY MEMBERS

Dr. UJWLA LOKESH RAJE

SN	Title of the Book	ISBN	Publisher	Month & Year
1	शालेय विद्यार्थ्यांचा कारक क्षमता स्तर व वयोगतानुसार गुणदान मानके	978-93-88849-06-7	माधवी प्रकाशन पुणे श्री जे प्रिंटर्स	Oct 2020
2	Psychology of Learner	978-93-5578-426-1	Self-Published	April 2024
3	अध्ययनकर्त्याचे मानसशास्त्र	978-93-341-8409-9	Self-Published	July 2025
4	योग अध्यापन	978-93-342-4728-2	Self-Published	Sept 2026

Dr. SHRADDHA ABHIJIT NAIK

SN	Title of the Book	ISBN	Publisher	Month & Year
1	Study on Performance Profile of Elite Women Kabaddi Players in Maharashtra		15 February 2021	Lambert Publishing
2	कबड्डी खेळातील सहभाग आणि कारणीभूत सामाजिक घटक		22 April 2021	Adimaya publication

Dr. SHRIKANT SURYAKANT MAHADIK

SN	Title of the Book	ISBN	Publisher	Month & Year
1	SET/NET Paper 2, Physical Education	ISBN 9789389944884	June 2020	Nirali

Dr. MAHESH NARAYAN DESHPANDE

SN	Title of the Book	ISBN	Publisher	Month & Year
1	आरोग्य आणि शारीरिक शिक्षण (कृतीपुस्तीका व नोंदवही) इ. ९वी.	978-9350-59518-3	Macmilan	2013
2	आरोग्य आणि शारीरिक शिक्षण (कृतीपुस्तीका व नोंदवही) इ. १०वी.	978-9350-59518-3	Macmilan	2013
3	आरोग्य व शारीरिक शिक्षण (प्रकरण २रे){शा.क्र.: अभ्यास -२०१६/(प्र.क्र.४३/१६) एसडी-४}		महाराष्ट्र राज्य पाठ्यपुस्तक निर्मिती व अभ्यासक्रम संशोधन मंडळ	25th April, 2016
4	हॅण्डबॉल कौशल्य	978-81-942188-3-8	राज कॉम्प्युटर्स, पुणे	ऑक्टोबर 2020

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1	Norms for mountaineers aged 17 to 40 years	9786139867462	Lambert Publication	July 2018
2	मूलभूत कारक कौशल्यः प्राथमिक शिक्षकांसाठी हस्तपुस्तिका	978-93-5396-661-4	CACPE	March 2020
3	Health & Nutrition	978-93-5578-426-1	Self-Published	July 2022
4	Psychology of Learner	978-93-5578-426-1	Self-Published	April 2024
5	अध्ययनकर्त्याचे मानसशास्त्र	978-93-341-8409-9	Self-Published	July 2025
6	सूक्ष्म अध्यापन संकल्पना	978-81-993493-7-7	Self-Published	March 2026